Learn Through Play 2026 November—preschool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Ask your child to come up with words that rhyme with fall.	**2** Have an indoor picnic and invite all the stuffed animals.	**3** Sing the ABC song!	**4** Create shadows on the wall in your closet using a flashlight.	**5** Have your child match socks while folding laundry.	**6** Go on a hunt for brown objects in your home.	**7** Provide your child with red, yellow and blue paint and let them experiment with mixing to discover new colors.
8 Spread shaving cream on the table and have your child practice writing their name in the cream.	**9** Have a tower building contest, who can build a block tower the tallest?	**10** Turn chores like setting the table or sorting toys into a math lesson by counting plates, forks or blocks.	**11** Practice washing hands to the tune of "Happy Birthday."	**12** Create a puppet show using dolls or socks. Encourage your child to make up their own stories.	**13** Cut the center out of a paper plate. Let your child glue construction paper leaves or real leaves onto the paper plate to create a wreath.	**14** Play a board game and practice taking turns.
15 Color coffee filters with washable markers, then spray them lightly with water. As the colors bleed, they will create a vibrant pattern.	**16** Involve your child in cooking by having them help measure ingredients or count out items needed for a recipe.	**17** Go on a shape hunt around your home. Challenge your child to find objects that are circles, squares, rectangles and triangles.	**18** Play grocery store with your child, label play food or real food and go shopping and pay for items. Take turns being the cashier and shopper.	**19** Race with a stopwatch. See how fast and how far your child can run.	**20** Gather blankets, pillows and chairs and build a cozy fort. Give your child a flashlight and tell stories inside.	**21** Dance, skip and jump to your favorite song.
22 Hide fall-themed items around the house, like a pumpkin or a fake leaf and have your preschooler hunt for them.	**23** Draw a straight line on paper and have your child use safety scissors to cut it.	**24** Sing a Thanksgiving-themed version of "If You're Happy (thankful) and You Know It".	**25** Trace hands on a paper and color it to look like a turkey.	**26** Help your child list what they are thankful for and what makes them happy.	**27** Count to 10 and then count backwards to 1.	**28** Read a book in bed. Try doing this each night. Make it into a routine!
29 Hop on one foot for 10 hops. Switch legs and hop on the other foot for 10 hops.	**30** Play "Simon Says."					

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Edible pumpkin pie playdough

Ingredients:

15 ounces of canned pumpkin

1½ cups of cornstarch

2 tablespoons of pumpkin pie allspice.

Directions:

Mix all ingredients together until you have formed a malleable dough ball.

That's it! Now let your child play and create.

The dough can be stored in an airtight container in the refrigerator for up to 3 days.