

Learn Through Play 2026

August - toddler

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
Connect With 4C Resources Online Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit https://www.4cforchildren.org/families/parenting-supports/ Social media: Connect with 4C on Facebook, Pinterest, X, YouTube, Instagram and TikTok! Just search for 4C for Children on your favorite social site.						1 Play hopping games. Place tape or mats on the floor and have your toddler hop over or on them.	
2 Fill a small plastic bottle with rice or small beans and let your toddler shake, shake, shake!	3 Provide dress-up materials like tape measures, hats, purses and adult shoes. Toddlers love to pretend to be grown up.	4 Collect sticks from different trees. Talk with your child about how they look and feel.	5 Set up small tubs of water with boats, cups and scoops. Sit with your toddler while they splash and play in the water.	6 Print photos of family members. Glue them to construction paper to make a homemade book.	7 Pretend to be different kinds of animals like lions, elephants, chickens and fish.	8 Take a walk around the neighborhood. Count the number of birds and squirrels you see.	
9 Use a clear jar to catch a bug. What does it look like. What's it doing? Release it together.	10 Place a paper plate on an old record player. Turn it on and use markers to make spiral art.	11 Save cardboard boxes. It may be a box to you, but a toddler sees it as a train, plane or automobile.	12 Make a fort using sheets and chairs. Put cushions on the inside and a book basket.	13 Go outside and enjoy the wind. Point to the trees and talk about the leaves blowing in the wind.	14 Paint on the sidewalk with water! Get a bucket of water and paint brushes. Watch them paint over and over again.	15 Look in the mirror with your toddler. Have them show you their nose, hair and chin. Talk about what you see.	
16 Pretend to use blocks as phones. Call each other and have a conversation.	17 Draw a line across paper and ask your toddler to draw one too. Try different shapes like circles and triangles.	18 Provide your toddler opportunities to throw and kick balls. Have different types of shapes and sizes available.	19 Make a "Guessing Box" from a shoe box. Put a hole in the top. Place small objects inside and have your toddler guess what's inside.	20 Create a cozy spot with lots of pillows and a basket of books. Sit with your toddler and read a couple of books.	21 Make play dough and give your toddler a variety of tools like rollers, trucks and figurines to use.	22 Visit the library, check out some books to take home about teddy bears.	
23 Read to your child. Allow them to pick the books and cuddle up and enjoy them together.	24 Walk around the neighborhood looking for different types of vehicles. Take pictures and make a book to read later.	25 Fill a plastic water bottle with half water and half cooking oil. Add food coloring and put the lid on tight. Shake and roll the bottle.	26 Dump pom-poms, buttons, or dry cereal into a bowl and let your toddler use kid-safe tongs or their hands to sort the items.	27 Show your toddler how much you love them by saying hello with a big hug when you come home!	28 Use coffee filters, markers and pipe cleaners to make big bright flowers.	29 Blow bubbles outside with your toddler.	
							Activity Rice Pudding <i>Ingredients</i> 2 ½ cups milk 2 ¼ cups white rice ¼ cup raisins ¼ tsp salt ¼ cup brown (or white) sugar 1 tsp vanilla extract ¼ tsp cinnamon <i>Directions</i> 1. In a medium-sized pot, combine milk, rice, raisins and salt. 2. Bring pot to a boil. Lower heat and cook for 15 minutes. Stir every 3 minutes. 3. Add sugar, vanilla extract and cinnamon. Mix well. 4. Cook over low heat for 5 minutes. 5. Serve hot or refrigerate.

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30 Sing "This Little Piggy." Run your fingers up his belly and tickle him when you get to the last toe.	31 Let your toddler dress themselves and then praise them for how well they did.						
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