

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Practice saying "please" and "thank you."	2 Dance to country music today!	3 Visit your library. Ask if they have a summer reading program.	4 Dance like the wind. Are you a cool breeze or a wild hurricane?	5 Take turns with your child throwing rolled up socks into a laundry basket.	6 Look for the number 5 today. Practice counting to 5 and then practice counting 5 items.
7 Sort toys like blocks or cars by color with your child.	8 Blow bubbles outside. Talk about the different sizes of bubbles.	9 Draw pictures on the sidewalk with chalk.	10 Make Monster Cookies. Find the recipe on the right of the calendar.	11 Sing the "Days of the Week" song.	12 Practice using scissors by having your child cut across a straight line you drew on a piece of paper.	13 Go outside at night and talk about the stars. Sing "Twinkle, Twinkle, Little Star" together.
14 Make the sound of various farm animals and sing "Old McDonald."	15 Exercise with your child. Do jumping jacks, waist bends, etc.	16 Paint rocks and place them around your yard.	17 Sing and do the motions to "If You're Happy and You Know It."	18 Commit to a screen free evening and read together as a family.	19 Go on a bug hunt. Count how many different bugs you can find.	20 Have a picnic outside.
21 Give your child crayons and a blank piece of paper. Have fun drawing using their imagination.	22 Try different ways of walking: giant steps, baby steps, tiptoeing, walking backwards, etc.	23 Mix crackers, cereals, pretzels, etc. Then ask your child to sort through the snack, matching them then eating them.	24 Make a paper airplane with your child. Practice throwing it outside to see how far it will go.	25 Take your child on a scavenger hunt to look for items outdoors such as a black rock, green leaf, yellow flower, brown worm, etc.	26 Explore your neighborhood looking for spiders and webs.	27 Visit the library and check out books about feelings.
28 Find a box your child can sit in. Give them markers and let them draw and color away in the box.	29 Repeat your favorite activity of the month.	30 Fill a water table or plastic bin with water and soap. Have fun with your child washing their toys. Always stay with your child when they are near water!	4C for Children Additional Resources Sign up for our monthly Family Source e-newsletter at 4cforchildren.org/newsletter-sign-up/ for hot topics and resources. Plus, search 4C for Children on your favorite social media sites for more tips and information.			



Activity: No-Bake Monster Cookies

Ingredients:
 2½ cups oats
 1 cup peanut butter
 ½ cup honey
 1 teaspoon vanilla extract
 ½ cup chocolate chips
 ½ cup M&Ms

Stir together the oats, peanut butter, honey and vanilla until combined.

Stir in the chocolate chips and M&M candies.

Roll dough into balls and place on a baking sheet.

Put them in the fridge for 30 minutes to set and enjoy! They can last up to 2 weeks in an airtight container.