

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	<b>1</b> Search your home or outdoors for objects that start with the letter "S."	<b>2</b> Count how many times they can tap a balloon before it touches the ground.	<b>3</b> Visit your library. Ask if they have a fun summer reading program.	<b>4</b> Dance like the wind. Are you a cool breeze or a wild hurricane?	<b>5</b> Take turns with your child throwing rolled up socks into a laundry basket.	<b>6</b> Look for the number 5 today. Practice counting to 5 and then practice counting 5 items.
<b>7</b> Sort toys like blocks or cars by color with your child.	<b>8</b> Blow bubbles outside. Talk about the different sizes of bubbles.	<b>9</b> Draw pictures on the sidewalk with chalk.	<b>10</b> Stick painter's tape on the floor to create roads for toy cars or balance beams for walking.	<b>11</b> Sing the "Days of the Week" song.	<b>12</b> Practice using scissors by having your child cut across a straight line you drew on a piece of paper.	<b>13</b> Drop various household objects into a bucket of water to predict and test what sinks.
<b>14</b> Create a simple cardboard menu so they can take orders and serve pretend food.	<b>15</b> Exercise with your child. Do jumping jacks, waist bends, etc.	<b>16</b> Paint rocks and place them around your yard.	<b>17</b> Use colored snack items, blocks, or buttons to build alternating color patterns.	<b>18</b> Commit to a screen free evening and read together as a family.	<b>19</b> Provide old pots, spoons and water for mixing mud pies and dirt soups.	<b>20</b> Have a picnic outside.
<b>21</b> Give your child crayons and a blank piece of paper. Have fun drawing using their imagination.	<b>22</b> Try different ways of walking: giant steps, baby steps, tiptoeing, walking backwards, etc.	<b>23</b> Mix crackers, cereals, pretzels, etc. Then ask your child to sort through the snack, matching them then eating them.	<b>24</b> Make a paper airplane with your child. Practice throwing it outside to see how far it will go.	<b>25</b> Play a short children's audio story or podcast and ask your child to draw the characters and scenes as they listen to the plot.	<b>26</b> Place leaves or toys on construction paper in bright sunlight to watch the paper fade around them.	<b>27</b> Practice writing the first letter of your child's name with various utensils (pens, pencils, markers, paint, etc.)
<b>28</b> Find a box your child can sit in. Give them markers and let them draw and color away in the box.	<b>29</b> Tie ribbons, yarn or strips of plastic bags to tree branches to observe and discuss which direction the wind is blowing.	<b>30</b> Fill a water table or plastic bin with water and soap. Have fun with your child washing their toys. Always stay with your child when they are near water!	<b>4C for Children Additional Resources</b>  Sign up for our monthly Family Source e-newsletter at <a href="https://4cforchildren.org/newsletter-sign-up/">4cforchildren.org/newsletter-sign-up/</a> for hot topics and resources. Plus, search 4C for Children on your favorite social media sites for more tips and information.			



## Activity: No-Bake Monster Cookies

Ingredients:  
 2½ cups oats  
 1 cup peanut butter  
 ½ cup honey  
 1 teaspoon vanilla extract  
 ½ cup chocolate chips  
 ½ cup M&Ms

Stir together the oats, peanut butter, honey and vanilla until combined.

Stir in the chocolate chips and M&M candies.

Roll dough into balls and place on a baking sheet.

Put them in the fridge for 30 minutes to set and enjoy! They can last up to 2 weeks in an airtight container.