

# Learn Through Play 2026

# June—infant

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	<b>1</b> Sing and do the motions to "I'm a Little Teapot."	<b>2</b> Experiment with new sounds and see if your child will copy you (try clicking with your tongue, smacking your lips, gurgling, etc.)	<b>3</b> Sit your child on your lap or in her highchair. Put some floatable toys in a pan of water and show how to bob them up and down.	<b>4</b> Sing "Pat-a-Cake" to your child. Use her name in the song.	<b>5</b> Do the activity of the month today! See instructions to the right.	<b>6</b> Help your child grab different objects and allow him to explore each. Say, "Look at the _____. Get it!" When he does, say, "Yeah!"
<b>7</b> Try to encourage your child to stretch. Lay her on her tummy, then put something out of her reach, so she will try to reach for it.	<b>8</b> Go to a park and slide down a slide together. Hold on tight... whee!	<b>9</b> Take a walk outside and point out all the things that you see. Explore your neighborhood or yard.	<b>10</b> Go to the library and check out books about shapes.	<b>11</b> Read with your child for 15 minutes today.	<b>12</b> Blow bubbles outside. Talk with your child about the bubbles. Let him reach out to pop them.	<b>13</b> Put a sock on one of your child's hands and encourage her to remove. Try the other side.
<b>14</b> Place a toy or ball underneath a cup and see if your child can find it. Ask "Where is the ball?"	<b>15</b> Walk outside today, explore grass, sit and let your child feel and pull with her hands.	<b>16</b> Sing and do the motions to "The Wheels on the Bus."	<b>17</b> Sing "Pop goes the Weasel." When you sing the word "pop" add an action like a clap or a jump.	<b>18</b> Hold a ribbon or paper streamer in front of a fan. Watch and describe how it moves with the wind.	<b>19</b> Make sounds like "baba" or "dada" and see if your child will copy. Sing these sounds to the tune of "Row, Row, Row Your Boat."	<b>20</b> Put some toys in a box and let your child explore the objects inside.
<b>21</b> Place blocks in a container, one by one, and then dump them out. Dump and fill! Your child will do this repeatedly.	<b>22</b> Stack toilet tissue rolls and then push them over together. Repeat.	<b>23</b> Turn the music on and dance! Hold your child's arm and move to the music, dip them, twirl them and bounce. Enjoy!	<b>24</b> Point to your child's body parts and name them.	<b>25</b> When it is time to for a meal, say "It's time to eat!" as you position your child for feeding. Try to say it each time.	<b>26</b> go on a walk and look for the color blue.	<b>27</b> Talk, smile, laugh and enjoy your child. They are so special!
<b>28</b> How many books did you read with your child this month?	<b>29</b> Fill an empty water bottle with rice or pasta, then secure the top with glue. Your child will enjoy shaking the bottle and listening to the noise.	<b>30</b> Roll a ball or a toy car to your child in lying or sitting position. See if she will reach out to grab it or roll it back to you.	<b>4C for Children Additional Resources</b> Sign up for our monthly Family Source e-newsletter at <a href="https://4cforchildren.org/newsletter-sign-up/">4cforchildren.org/newsletter-sign-up/</a> for hot topics and resources. Plus, search 4C for Children on your favorite social media sites for more tips and information.			



## Activity:

### Edible Baby Paint

Materials:  
 Baby Rice Cereal  
 Water  
 Food Coloring  
 Paintable Surface

Combine the rice cereal and water until it reaches a paint-like consistency.

Add food coloring until you get your desired colors.

Put down a paintable surface, such as a sheet or a drop cloth, and let your baby paint!