

Learn Through Play 2026

May—toddler



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
<p align="center">Connect With 4C Resources Online</p> <p>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsources.</p> <p>Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p>					<p>1 READ! READ! READ with your child!</p>	<p>2 Read "The Very Hungry Caterpillar." Talk about the different food the caterpillar ate.</p>	
<p>3 While having breakfast, hide your face behind the cereal box and peek around it for a game of peek-a-boo.</p>	<p>4 Read your favorite nursery rhyme and put actions to it so you and your child can act it out with motions.</p>	<p>5 Cut a card or cereal box picture into three or four pieces and see if your child can put it back together.</p>	<p>6 Give your child directions in your daily routine; "Can you put this toy in the box?" "Can you bring the book to me?"</p>	<p>7 Dance the "Hokey Pokey" with your child and show how to put the different parts "in" when you sing each one.</p>	<p>8 Go outside and run! You can do a silly run. Try running in a straight line, curvy line, a zigzag line and a circle!</p>	<p>9 When doing laundry, have your child help fold the washcloths or help him sort and match socks.</p>	<p>Activity: Touchy Feely Box</p> <p>Materials: Shoebox Shells Pinecones Rocks Feathers</p> <p>Directions: Place items in box.</p>
<p>10 Play with a large ball, see if your child can throw it from standing position, kick it, etc...</p>	<p>11 Give your child different-sized cups to pour from one into the other in the bathtub or sink.</p>	<p>12 Pretend playing your favorite instrument. Then go on a parade around the yard.</p>	<p>13 Take a walk around your neighborhood.</p>	<p>14 What animals do you see in the spring? Act like the animals.</p>	<p>15 Build a tower of blocks with your child. See if they can stack and balance more than five blocks.</p>	<p>16 Draw some lines outside on the sidewalk using chalk. Practice jumping over them.</p>	<p>Leave the lid off. Help your child put their hand in the box and touch an object.</p>
<p>17 When driving, talk about what you see. See how many different shapes you can spot.</p>	<p>18 Gather five objects (spoon, toy, car, ball, cup). Put them in a pile and mix them up. Ask "Where is the ____? There it is."</p>	<p>19 When dressing your child, give her choices. "Would you like to wear the red or blue shirt?"</p>	<p>20 Read a book together. Have child turn the pages and discuss the pictures with them.</p>	<p>21 Using a paintbrush, let your child paint the sidewalk with water.</p>	<p>22 Pull a wagon around outside. You and your child can gather sticks, rocks, acorns, pinecones...</p>	<p>23 Tear paper into strips and crumble them into balls, practice throwing balls into a basket.</p>	<p>Describe the way the item feels to your child.</p>
<p>24 Talk, talk, talk with your child.</p>	<p>25 Go outside and play a game of Follow the Leader. Take turns bring the leader.</p>	<p>26 Have a family picnic outside.</p>	<p>27 Attend a story time at your local library.</p>	<p>28 Blow bubbles outside. Watch them fly in the wind and talk about the colors you see and the shape and sizes of the bubbles.</p>	<p>29 Do the activity on the right side of the calendar together.</p>	<p>30 Pick tiny wildflowers and share with your family.</p>	<p>Use descriptive words such as hard, soft, smooth, rough or bumpy.</p>
<p>31 Go on a walk and look for items that are red.</p>							