


Learn Through Play 2026

May—preschool

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
<p align="center">Connect With 4C Resources Online</p> <p>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsources.</p> <p>Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p>					<p>1 Pick tiny wildflowers and tie a ribbon around them to celebrate May Day!</p>	<p>2 Read a book together and then find all the letter Ms for May!</p>	
<p>3 Talk about things your child liked to do as a baby.</p>	<p>4 Make different faces for your child. Have them tell you how they are feeling.</p>	<p>5 Go outside early or late and look for shadows.</p>	<p>6 Cook pancakes together in fun shapes.</p>	<p>7 Finger paint with blue and yellow paint. Mix to make green.</p>	<p>8 Let your child help you sweep and mop the floor. Celebrate their good work!</p>	<p>9 Make pennies shine by soaking them in 2 tablespoons of vinegar and 2 teaspoons of salt.</p>	<p>Activity: Touchy Feely Box</p> <p>Materials: Shoebox Shells Pinecones rocks feathers</p>
<p>10 Show your child a map of your state and point out where you live.</p>	<p>11 Write a fun breakfast menu and then fix it for your child.</p>	<p>12 Try different ways of walking: giant steps, baby steps, tiptoe, backwards, etc.</p>	<p>13 Show your child how to cough and sneeze into their elbow.</p>	<p>14 Practice using phone manners on a toy phone. Have a play conversation.</p>	<p>15 Read! Read! Read with your child!</p>	<p>16 Cut off a carrot top or the eye of a potato and put in in water and watch it grow.</p>	
<p>17 Listen to music and make your own dance.</p>	<p>18 Make a blanket fort and go inside and read.</p>	<p>19 Make cookies with different shapes and decorate them. Share them with a neighbor.</p>	<p>20 Dance like the wind – soft breeze or a wild hurricane! Try different types of music.</p>	<p>21 Take a walk outside and collect cool rocks.</p>	<p>22 Put some small objects in a bag. Let your child reach in and guess what they are.</p>	<p>23 Sing "Head, Shoulders, Knees and Toes." See who is the fastest!</p>	<p>Directions: Place items in box. Leave the lid off. Help your child put their hand in the box and touch an object.</p> <p>Describe the way the item feels to your child.</p>
<p>24 Get a joke book at the library and share jokes together.</p>	<p>25 Have a "red" day. Wear red, find red in your house, eat red food (apples, strawberries, etc.)</p>	<p>26 Have a family picnic outside.</p>	<p>27 Go on a bug hunt and count how many you find.</p>	<p>28 Talk about a time you feel happy. What makes you happy?</p>	<p>29 Take a walk and look for things that are pink and purple.</p>	<p>30 Read a book and then draw pictures from the story.</p>	
<p>31 Do the activity on the right side of the calendar.</p>							<p>Use descriptive words such as hard, soft, smooth, rough or bumpy.</p>

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