


Learn Through Play 2025

August - preschool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Connect With 4C Resources Online</p> <p>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsources.</p> <p>Social media: Connect with 4C on Facebook, Pinterest, X, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p>					<p>1 Visit the library and check out books about going to school.</p>	<p>2 Play a song for your child. When the music stops, everyone freezes!</p>	
<p>3 Fill a small see-through container with objects. Have your child guess how many they think are inside.</p>	<p>4 Go on a nature walk and bring a box or bag to keep treasures in. Talk about the items when you get home.</p>	<p>5 Make obstacle courses with blocks and hula hoops. Have your children jump in and over the obstacles.</p>	<p>6 Provide opportunities to use scissors. Use old magazines and have your children cut pictures from them.</p>	<p>7 Let your child pick out a favorite book and have them read it to you in their own words.</p>	<p>8 Help your child look for the first letter of their name in print and on signs. Count how many of that letter they can find.</p>	<p>9 Sing the alphabet song while folding laundry. Have your child match the socks.</p>	<p>Activity:</p> <p>Rainbow Plate</p> <p>Materials: Red, orange, yellow, blue, and purple streams. Paper plate Cotton balls Glue</p> <p>How to:</p> <ol style="list-style-type: none"> 1. Cut and fold the paper plate in half. 2. Glue the streamers onto the folded half of the plate. 3. Glue the cotton balls to the rounded portion of the plate to mimic a cloud. 4. You can hang your new rainbow on a window to let the light shine through it to cast a real rainbow in your home.
<p>10 Play the "I Spy" game. Try to find different colors and shapes in your environment.</p>	<p>11 Lie on your back with your child and look up at the clouds. Talk about what you see.</p>	<p>12 Make lemonade on a hot day. Let your children squeeze the juice into a bowl.</p>	<p>13 Make a marble maze with paper towel tubes and tape. Add chairs and other items for height.</p>	<p>14 Let your children help you make play dough. Give them kitchen tools when working with the play dough.</p>	<p>15 Encourage older children to read to the younger children. Even if they can't "read" it's a fun interaction.</p>	<p>16 Set up a sorting activity using a tray with sections. Use different colored or sized objects.</p>	
<p>17 Create a simple activity board using hinges, clasps or locks found in a hardware store.</p>	<p>18 Play balancing games with bean bags. Have your children place them on their knee, ear, shoulder, etc.</p>	<p>19 Before reading a book for the first time, ask your child what they think the book is about. Talk about the picture on the cover.</p>	<p>20 Sing songs that have action movements in them like jumping or pretending to be different animals.</p>	<p>21 Set up a sprinkler outside and let your children run through it.</p>	<p>22 Use a cookie sheet with magnetic letters. Talk with your child about the different shapes in letters.</p>	<p>23 Create the Rainbow Plate activity (instructions on the right) with your child.</p>	
<p>24/31</p> <p>After reading a story, help your child make up a different ending. /Repeat your favorite activity of the month.</p>	<p>25 Place note cards or small pieces of paper with pens in a basket for child to write letters to friends and family.</p>	<p>26 Allow your child to help prepare meals. Give them tasks like cutting soft fruit or veggies or setting the table.</p>	<p>27 Provide natural materials like small twigs, leaves and grass clippings for children to make art projects.</p>	<p>28 Have your child tell you a story. Write it down for her, then have her illustrate it to create her very own book.</p>	<p>29 Find time to move and laugh with your family. Go to a park or on a walk in your neighborhood.</p>	<p>30 Go to the library and check out books about animals.</p>	

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