

Learn Through Play 2025

July - toddler

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<div> Activity</div>
		1 Talk about opposites today, such as big and small, soft and hard.	2 Use sidewalk chalk to make a masterpiece. Be sure your child "signs" their name!	3 Eat Blueberries today. Talk about their size, shape, color and flavor.	4 Look at a picture of an American flag. Count the stripes and name all the colors.	5 Make lemonade with your child.	
6 Give your child a bucket of water and a sponge and let him play outside.	7 Blow bubbles with your child. Show her how to move so the wind catches the bubbles.	8 Attend story time at your local library.	9 Sing "Twinkle, Twinkle Little Star" to your child.	10 Read to your child for 15 minutes today!	11 Put a small toy or object into your shirt pocket. Ask, "Where did it go?" and see if your child can find it.	12 Make a house for your child out of couch cushions. Place your child inside and say, "Where are you?" or "Are you in the house?"	
13 Place blocks in a container, one by one, and then dump them out.	14 When saying "hi" or "bye-bye" say the words with animation and wave. Help your child to wave!	15 With a straw, blow air on different parts of your child. Name the body parts.	16 Give your child measuring cups and show them how they nest together – how one fits into a larger one.	17 Gather 5 or 6 items and place them in a line on the floor. Then ask your child, "Where is the _____?"	18 Look at a book and point to the pictures and see if your child can name what you are pointing at.	19 Talk, talk, talk to your child!	
20 Use sidewalk chalk on the sidewalk. Then squirt it with a water gun and watch it transform.	21 Find time to laugh and move with your family. You can go for a walk, swim or a hike.	22 Play hide and seek with your child.	23 You and your child can pretend to be butterflies flying around the yard from flower to flower.	24 Call out different colors for your child to find. You can do this in the car, while taking a walk or waiting in line.	25 Watch the sunset. Ask your child to describe it. Write as she talks and then read the story.	26 Allow your child to help you sweep the floor with their own broom.	<div>Waffle Dippers</div> <div>Ingredients:</div> <div>1 frozen waffle, toasted</div> <div>½ cup flavored yogurt</div> <div>½ cup diced fruit or berries</div> <div>Directions:</div> <div>Cut toasted waffle into 1-inch strips.</div> <div>Dip in yogurt.</div> <div>Serve with fruit.</div>
27 Make a sandwich for lunch together. Talk about the steps. Give your child a dull or plastic knife for spreading condiments.	28 Have "square day." Cut out colored squares and glue them down. Find squares in your house or have a square snack (cheese cubes or crackers).	29 After washing silverware, have your child place the forks and spoons in their corresponding place in the tray or drawer.	30 Sing the alphabet song while washing your child's hair in the bathtub.	31 Hide familiar objects under the covers. Have your child pat it and guess what it is.	<div>Connect With 4C Resources Online</div> <div>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsource.</div> <div>Social media: Connect with 4C on Facebook, Pinterest, X, YouTube and Instagram! Just search for 4C for Children on your favorite</div> <div></div> <div>social site.</div>		