


# Learn Through Play 2025

# July—preschool

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	 <b>Activity</b>
		<b>1</b> Take a trip to the store and find things that start with the letter A.	<b>2</b> Use sidewalk chalk to make a masterpiece. Be sure your child “signs” their name!	<b>3</b> In the morning, have your child help you write a to-do list for the day.	<b>4</b> Look at a picture of an American flag. Count the stripes and name all the colors.	<b>5</b> Make lemonade with your child.	
<b>6</b> Ask your child to come up with words that rhyme with sun.	<b>7</b> Ask your child to tell you about their perfect summer day.	<b>8</b> Attend story time at your local library.	<b>9</b> Have your child draw an ice cream cone and see how many scoops tall they can make it.	<b>10</b> Read to your child for 15 minutes today!	<b>11</b> Use sidewalk chalk to make and play a gigantic game of tic-tac-toe.	<b>12</b> Cut up an old cereal box into puzzle pieces and then put the pieces back together with your child.	
<b>13</b> Draw a picture of your family.	<b>14</b> Have a slice of watermelon, remove the seeds and count how many were in each slice.	<b>15</b> Make a necklace out of cereal or uncooked pasta. Count each piece when it is completed.	<b>16</b> Turn off the lights and read a story in the dark with a flashlight.	<b>17</b> Find 10 red things outside.	<b>18</b> Go to the library and check out books about summer.	<b>19</b> Make sandwiches together and pack them up for a picnic at the park, your backyard or the living room.	
<b>20</b> Use chalk on the sidewalk. Then squirt it with a water gun and watch it transform.	<b>21</b> Find time to laugh and move with your family. You can go for a walk, swim or a hike.	<b>22</b> Play hide and seek with your child.	<b>23</b> You and your child can pretend to be butterflies flying around the yard from flower to flower.	<b>24</b> Call out different colors for your child to find. You can do this in the car, while taking a walk or waiting in line.	<b>25</b> Watch the sunset. Ask your child to draw a picture and label what they saw.	<b>26</b> Allow your child to help you sweep the floor with their own broom.	
<b>27</b> After reading a story, help your child make up a different ending.	<b>28</b> While taking a walk, play a game of “I Spy.”	<b>29</b> After washing the silverware have your child place the forks and spoons in their place in the tray or drawer.	<b>30</b> Line a tray with sugar and have your child practice writing their name or letters in the sugar with their fingers.	<b>31</b> Have your child help you with the laundry, folding washed clothes and matching socks.	<b>Connect With 4C Resources Online</b> Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit <a href="http://www.4cforchildren.org/parentsources">www.4cforchildren.org/parentsources</a> . Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.    		<b>Banana Caterpillars</b>  <b>Ingredients:</b>  Banana Peanut butter or jelly Shredded coconut Raisins Pretzel sticks  <b>Directions:</b> 1. Peel and slice banana into 10 segments.  2. Assemble “caterpillar” by spreading PB or Jelly on segments and pressing pieces together.  3. Sprinkle coconut and press lightly with fingertips to coat.  4. Attach pretzels for legs and antenna and raisins for eyes. Enjoy!