


# Learn Through Play 2024

# November-infant

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
 <p>Sign up for our monthly Family Source e-newsletter at <a href="https://4cforchildren.org/newsletter-sign-up/">4cforchildren.org/newsletter-sign-up/</a> for hot topics and resources. Plus, search 4C for Children on your favorite social media sites for more tips and information.</p>					<p><b>1</b> Cover your face with a cloth or blanket and hide. Say "Where did I go?" Uncover and say, "Here I am!"</p>	<p><b>2</b> Hold your child and look into a mirror together. Talk, make faces, name body parts, make sounds. Enjoy!</p>
<p><b>3</b> Look at pictures of animals and make the animal sounds with your child.</p>	<p><b>4</b> Put lots of different hats in a box, then put them on your child. Say "hat on, hat off."</p>	<p><b>5</b> Hold your child. Make funny faces and have your child touch your face. Label the nose, eyes, mouth, etc.</p>	<p><b>6</b> Stack Kleenex boxes with your child and show them how to knock them down. See if they will help stack and repeat.</p>	<p><b>7</b> Lift your child's arms high over their head and say, "So big!" Bring their arms down and repeat!</p>	<p><b>8</b> Help your child to turn the lights on and off. Say "on" and "off" and watch their reactions.</p>	<p><b>9</b> Imitate your child's sounds. Pause and see if they will try to imitate you. Use expressions and gestures.</p>
<p><b>10</b> Massage feet and hands and count each toe/finger. Clap feet or hands together and sing rhymes!</p>	<p><b>11</b> When saying "hi" or "bye-bye," say the words with animation and wave. Help your child to wave also.</p>	<p><b>12</b> With two colored pieces of fabric, wave your arms back and forth and make them "fly."</p>	<p><b>13</b> Fill a two-liter bottle with water, glitter, confetti and buttons. Seal it well. Shake and swirl, then let your child watch it settle.</p>	<p><b>14</b> Tie a soft rattle or bells around your child's wrist or ankle and encourage them to shake.</p>	<p><b>15</b> Put a sock on one of your child's hands and encourage them to remove. Try the other side also.</p>	<p><b>16</b> Sing to your child when washing their face and hands or when bathing: "This is the way we wash our hands."</p>
<p><b>17</b> Talk through a paper tube to your child. See if they will talk back.</p>	<p><b>18</b> Encourage your child (6 months or older) to try drinking from a regular cup.</p>	<p><b>19</b> Place blocks into a pot. Help your child stir with a wooden spoon and "cook" the blocks.</p>	<p><b>20</b> Look at a picture book together. Talk softly and label each picture and point to it.</p>	<p><b>21</b> When your child is playing by banging or shaking or making sounds, copy what they are doing.</p>	<p><b>22</b> Make homemade baby food for your child (6 months or older).</p>	<p><b>23</b> Place a toy that makes sound within a child's reach. Move the toy and wait for them to re-locate.</p>
<p><b>24/31</b> Encourage your child to grasp a rattle or another toy. Once mastered hold it a bit out of their reach and see if they will move to grasp.</p>	<p><b>25</b> Play a clapping game with your child. Sing or just say "clap, clap, clap." Or give them two blocks to hit together!</p>	<p><b>26</b> Make sounds like "ba ba" or "da-da" and see if they will copy. Sing these sounds to the tune of "Row your boat."</p>	<p><b>27</b> Give your child a beanbag to explore. Encourage them to throw it. Toss it back into their lap.</p>	<p><b>28</b> Carry your child around your home and talk about what you see.</p>	<p><b>29</b> Read! Read! Read with your baby.</p>	<p><b>30</b> Look at pictures of animals and make the animal sounds with your child.</p>



## Family Tree Activity

Materials:  
Paper  
Black Marker  
Paint

How To:  
1. Draw the outline of a tree on the paper.

2. Have each family member dip their hand in paint and "stamp" the paper making a leaf handprint.

3. Have your child do the same and put their handprint at the base of the tree.