


Learn Through Play 2024

June—infant

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
4C for Children Additional Resources Sign up for our monthly Family Source e-newsletter at 4cforchildren.org/newsletter-sign-up/ for hot topics and resources. Plus, search 4C for Children on your favorite social media sites for more tips and information.    						1 Play a game of peek-a-boo with your baby.
2 Fill an empty tissue box with scarves or socks. Show your baby how to pull them out.	3 Roll a ball or a toy car to your child in lying or sitting position. See if they will reach out to grab it or roll it back to you.	4 Experiment with new sounds and see if your child will copy you (try clicking with your tongue, smacking your lips, gurgling, etc.)	5 Sit your child on your lap or in their highchair. Put some floatable toys in a pan of water and show how to bob them up and down.	6 Sing "Pat-a-Cake" to your child. Use their name in the song.	7 Do the activity of the month today! See instructions to the right.	8 Help your child grab for different objects and allow them to explore each. Say, "Look at the _____. Get it!" When they do, say, "Yeah!"
9 Try to encourage your child to stretch. Lay them on their tummy, then put something out of their reach, so they will try to reach for it.	10 Go to a park and slide down a slide together. Hold on tight...wheee!	11 Take a walk outside and point out all the things that you see. Explore your neighborhood or yard.	12 Read with your child for 15 minutes today. Go to the library and check out books about shapes.	13 Blow bubbles outside. Talk with your child about the bubbles. Let them reach out to pop them.	14 Put a sock on one of your child's hands and encourage them to remove it. Try the other side also.	15 Place a toy or ball underneath a cup and see if your child can find it. Ask, "Where is the ball?"
16 Walk outside today, explore grass, sit and let your child feel and pull with their hands.	17 Sing and do the motions to "I'm a Little Teapot."	18 Sing "Pop goes the Weasel." When you sing the word "pop" add an action like a clap or a jump.	19 Hold a ribbon or paper streamer in front of a fan. Watch and describe how it moves with the wind.	20 Make sounds like "ba-ba" or "da-da" and see if your child will copy. Sing these sounds to the tune of "Row, Row, Row Your Boat."	21 Read with your child for 15 minutes today. Go to the library and check out books about animals.	22 Place blocks in a container, one by one, and then dump them out. Dump and fill! Your child will do this over and over.
23 Stack toilet tissue rolls and then push them or kick them over together. Repeat.	24 Turn the music on and dance! Hold your child's arm and move to the music, dip them, twirl them, bounce. Enjoy!	25 When it is time to for a meal, say, "It's time to eat!" as you position your child for feeding. Try to say it each time.	26 Read with your child for 15 minutes today. Go to the library and check out books about colors.	27 Talk, smile, laugh and enjoy your child. They are so special!	28 How many books did you read with your child this month?	29 Fill an empty water bottle with rice or pasta, then secure the top with glue. Your child will enjoy shaking the bottle and listening to the noise.



Activity Edible Baby Paint

Materials:

- Baby Rice Cereal
- Water
- Food Coloring
- Paintable Surface

Combine the rice cereal and water until it reaches a paint-like consistency. Add food coloring until you get your desired colors.

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30 Repeat your favorite activity of the month.							
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