

# Learn Through Play 2024

# March—infant

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p><b>4C for Children Additional Resources</b></p> <p>Sign up for our monthly Family Source e-newsletter at <a href="https://4cforchildren.org/newsletter-sign-up/">4cforchildren.org/newsletter-sign-up/</a> for hot topics and resource. Plus, search 4C for Children on your favorite social media sites for more tips and information.</p>					<p><b>1</b> Touch and name parts of your baby's face as she looks in the mirror.</p>	<p><b>2</b> It's Read Across America Day! Read a book with your child book today.</p>
<p><b>3</b> Say a nursery rhyme and bounce your child to the rhythm of the rhyme (Baa Baa Black Sheep, Humpty Dumpty)</p>	<p><b>4</b> Talk to your baby, talk about your day, maintaining eye contact.</p>	<p><b>5</b> Play music. Sing! Your child will love whatever music you play for her, so choose something you like to listen to as well.</p>	<p><b>6</b> Call your baby's name from a distance so he can practice locating your voice.</p>	<p><b>7</b> Introduce your baby to new sounds and do not forget about noisy toys.</p>	<p><b>8</b> Notice what your child is doing, (facial expressions, sounds, actions) and copy them.</p>	<p><b>9</b> Say out loud the things you are doing such as, "I'm putting milk in your bottle."</p>
<p><b>10</b> Gather your scarves, toss them in the air one by one in front of your child and let her watch the scarf swirl.</p>	<p><b>11</b> Sing a nursery rhyme to your child such as "Twinkle, Twinkle, Little Star," or the alphabet song.</p>	<p><b>12</b> Make rattles with recyclable water bottles; shake one really slow and one fast.</p>	<p><b>13</b> With your baby facing you, talk to her from behind a cloth, and then peek out. Use facial expressions.</p>	<p><b>14</b> Give your child time on his tummy. This will encourage head control, pushing up with arms, and later working towards crawling.</p>	<p><b>15</b> Make up a song with the name of your child, such as to the tune of "B-I-N-G-O."</p>	<p><b>16</b> Smile and laugh to show your feelings as you raise your baby and say up or lower your baby and say down.</p>
<p><b>17</b> Show your baby different ways to move with music. Clap your hands, stomp your feet, swing your arms, etc.</p>	<p><b>18</b> Read to your baby, describe, and name things you see in pictures.</p>	<p><b>19</b> When your child makes a sound try to repeat it back. This is important in building the foundation of communication</p>	<p><b>20</b> Play pat-a-cake with your baby's feet when diaper changing.</p>	<p><b>21</b> Do some actions that your baby can copy.</p>	<p><b>22</b> Talk! Talk! Talk with your baby!</p>	<p><b>23</b> When your child has learned to sit, offer toys to his side and front to strengthen balance and righting reactions.</p>
<p><b>24</b> When the family dinner is cooking, talk about the smells and what is cooking.</p>	<p><b>25</b> Imitate sounds that your baby makes, especially repeated sounds like da-da-da.</p>	<p><b>26</b> Sing the song: Pat-a-cake and clap baby's hands as you sing the song.</p>	<p><b>27</b> Take your child outside and describe the sounds you are hearing. Ex. Birds chirping.</p>	<p><b>28</b> Repeat your favorite activity of the month.</p>	<p><b>29</b> Play music. Sing! Your child will love whatever music you play for her, so choose something you like to listen to as well.</p>	<p><b>30</b> Touch and name parts of your baby's face as she looks in the mirror.</p>
<p><b>31</b> Talk! Talk! Talk with your baby!</p>						



## Butterfly Baggie Craft

Materials:

Zip-lock baggie  
Construction or tissue paper  
Pipe cleaner or clothes pin  
Scissors

Directions

1. Cut the top off the baggie that sticks up above the zipper.
2. Cut paper into squares, crumple them and place them inside the baggie. Fill the baggie about 1/2 full.
3. Squeeze out the air in the baggie and seal it tight. Gather it in the middle and wrap and twist a pipe cleaner around the center. Twirl the ends to make the butterfly's antennae. Let your child play with the butterfly and talk to them about the different textures they feel.

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