
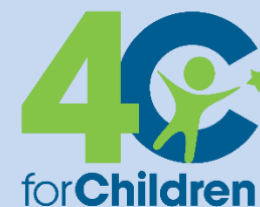


<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>4C for Children Additional Resources Sign up for our monthly Family Source e-newsletter at 4cforchildren.org/newsletter-sign-up/ for hot topics and resource. Plus, search 4C for Children on your favorite social media sites for more tips and information.</p>    				<p>1 Make a self-portrait with your child. Trace the outline of your child's body and let your child fill in the features.</p>	<p>2 Gather both large and small pretzels. Have your child sort them into different bowls.</p>	<p>3 Collect several familiar items. Put them into a box and have your child pull them out and name them.</p>
<p>4 Open the cabinets. Make music with bowls, spoons and pots and dance!</p>	<p>5 Collect small plastic bottles and have your child practice screwing the tops off and on.</p>	<p>6 Praise your child for using good manners!</p>	<p>7 Go on a color hunt. Choose a red toy and have your child find other red items.</p>	<p>8 Use some red ribbon or yarn and have your child string their favorite cereal and make a necklace.</p>	<p>9 Give your child a hug every day! Hugging is healthy.</p>	<p>10 Keep a journal. Have your child tell you about something special every day.</p>
<p>11 Decorate heart-shaped sugar cookies with your child.</p>	<p>12 Play opposite games to teach your child high/low, big/little, etc.</p>	<p>13 Tell your child every day how much you love them!</p>	<p>14 Tape a few doilies to the underside of a piece of paper and rub the paper with a crayon.</p>	<p>15 Draw three faces (happy, sad and mad) on a paper. Have your child imitate the faces.</p>	<p>16 Have your child practice washing their hands.</p>	<p>17 Create an "I Am Special" book for your child. Include photos and drawings from your child.</p>
<p>18 Put a few small toys in a basket and have your child pick them up with tongs.</p>	<p>19 Check out the local library's Story Times!</p>	<p>20 Fill a box with three to four inches of rice or sand. Hide some small figures and have your child dig!</p>	<p>21 Use plastic cups and rolled-up socks and go bowling!</p>	<p>22 Make your favorite pizza with your child.</p>	<p>23 Have your child help you pick up toys and find a place for them.</p>	<p>24 Ask your child what their favorite game is and then play it!</p>
<p>25 Play Hide and Seek in the house.</p>	<p>26 Have your child pick their favorite book and read to them every night.</p>	<p>27 Use a puppet to talk to your child. Give them a puppet hug!</p>	<p>28 Talk to your child through a paper tube. Take turns.</p>			



Brag Book
Create a little homemade photo album that slips easily into a diaper bag! Your child will enjoy looking at this over and over!

Using sandwich size Ziploc bags, insert photos. Then staple them together to resemble a book, and cover the staples with duct tape to resemble the spine of a book.