

Play & Learn 2024

February—Preschool

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>4C for Children Additional Resources Sign up for our monthly Family Source e-newsletter at 4cforchildren.org/newsletter-sign-up/ for hot topics and resource. Plus, search 4C for Children on your favorite social media sites for more tips and information.</p> 				<p>1 Fold and cut coffee filters to make lacy snowflakes</p>	<p>2 Make hot chocolate with your child.</p>	<p>3 Play in a sink of warm, soapy water. Discover what floats.</p>
<p>4 Teach your child the rhyme, "Hickory Dickory Dock." Act it out!</p>	<p>5 Turn out the light and write on a wall with a flashlight.</p>	<p>6 Make up a story by looking at pictures in a magazine.</p>	<p>7 Make a tent with blankets and crawl inside and read.</p>	<p>8 Make a map of your house and have your child trace paths from room to room.</p>	<p>9 Let your child help you vacuum and dust. Sing while you work together!</p>	<p>10 Talk with your child about ways to be a friend.</p>
<p>11 Make heart-shaped sugar cookies with your child and decorate them.</p>	<p>12 Have fun with play dough using cookie cutters.</p>	<p>13 Talk about ways to express your love for each person in your family.</p>	<p>14 Count the number of circle objects in your home.</p>	<p>15 Pick up cotton balls with tweezers to fill up a bowl full of "soft snow."</p>	<p>16 Take turns with your child singing your favorite songs.</p>	<p>17 Teach your child how to set the table. Have a tea party!</p>
<p>18 Take turns hiding and finding cotton balls around the room.</p>	<p>19 Read an ABC book and ring a bell when you find a letter in your child's name.</p>	<p>20 Color to music! Find different rhythms, speeds and patterns to match the music.</p>	<p>21 Play "store" with toys, grocery bags and money made from paper.</p>	<p>22 Make a pile of socks and have your child find the matching pairs. Put them on and giggle.</p>	<p>23 Take a ride in the car and look for red or yellow cars.</p>	<p>24 Take a nature walk and talk about winter.</p>
<p>25 Put on an apron and show your child how to fingerprint.</p>	<p>26 Talk to your child about a time when you played in the snow when young.</p>	<p>27 Go outside and listen for the birds. Sprinkle cereal under a tree for them.</p>	<p>28 Sort out M&Ms or another candy by color. Talk about favorite colors.</p>			



Brag Book
Create a little homemade photo album that slips easily into a diaper bag! Your child will enjoy looking at this over and over!

Using sandwich size Ziploc bags, insert photos. Then staple them together to resemble a book, and cover the staples with duct tape to resemble the spine of a book.