





# Learn Through Play 2024

# February—infant

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p><b>4C for Children Additional Resources</b></p> <p>Sign up for our monthly Family Source e-newsletter at <a href="https://4cforchildren.org/newsletter-sign-up/">4cforchildren.org/newsletter-sign-up/</a> for hot topics and resource. Plus, search <b>4C for Children</b> on your favorite social media sites for more tips and information.</p> <div style="text-align: center;">     </div>					<p><b>2</b> Collect several familiar items. Put them in a box. Let your baby pull out the items one at a time while you help him name each item.</p>	<p><b>3</b> Give your baby a pile of differently textured clothes and linens. Let her explore the differences.</p>
<p><b>4</b> With a baby who is not yet standing or walking, hold her securely under the arms, look into her eyes, and bounce her gently.</p>	<p><b>5</b> Get on the floor with your baby and play! Talk about the toys, colors, and shapes you are playing with.</p>	<p><b>6</b> Tie a string no longer than 6 inches to one of your baby's toys. Show how the toy moves when you pull.</p>	<p><b>7</b> Gently bounce your baby on your knee and sing a nursery rhyme.</p>	<p><b>8</b> As your baby begins to point at objects you can say what they are.</p>	<p><b>9</b> While you are out on a walk, stop at your mailbox, lift up the baby and shout inside to hear the echo!</p>	<p><b>10</b> While holding your baby on your lap, move your fingers around in the air and make a buzzing sound.</p>
<p><b>11</b> Lay your baby on his tummy and get down on that level, making faces and noises to encourage him raising his head.</p>	<p><b>12</b> Read! Read! Read with your baby!</p>	<p><b>13</b> Play Pat-a-Cake with your baby.</p>	<p><b>14</b> Say, "Who's my valentine? ...my sweetie? ...my love?" Then say, "You are!" and kiss him!</p>	<p><b>15</b> Make up a song with your baby's name, to the tune of "BINGO" or another familiar song.</p>	<p><b>16</b> Show your baby a stuffed animal, touch its nose and say "beep," then touch baby's nose and say "beep!"</p>	<p><b>17</b> When entering a dark room, turn on the light and say, "lights on!" Turn the light off and say, "lights off!" when you leave.</p>
<p><b>18</b> Tell your baby how much you love him.</p>	<p><b>19</b> Sit your baby in front of you. Hold his hands and gently ease them forward and back and sing "Row, Row, Row Your Boat."</p>	<p><b>20</b> Hold your baby next to a table and drum your hands.</p>	<p><b>21</b> Sing, Sing, Sing to your baby!</p>	<p><b>22</b> Turn the water on and off near baby. Say, "Water on, water off—all gone!"</p>	<p><b>23</b> Using an empty paper rowel roll, make trumpet sounds. Let baby try!</p>	<p><b>24</b> Have a fun Jammie Day with your family!</p>
<p><b>25</b> Let your baby touch snow or ice water and say "Brr, cold!"</p>	<p><b>26</b> Roll a ball back and forth.</p>	<p><b>27</b> Play using baby's hands or feet!</p>	<p><b>28</b> Blow a kiss to your baby and encourage him to copy by blowing a kiss, spreading open your arms and saying, "Blow me a kiss."</p>	<p><b>29</b> Gently bounce your baby on your knee and sing a nursery rhyme.</p>		



## CRAFT/ACTIVITY:

### Brag Book

Create a little homemade photo album that slips easily into a diaper bag! Your child will enjoy looking at this over and over!

Using sandwich size Ziploc bags, insert photos. Then staple them together to resemble a book, and cover the staples with duct tape to resemble the spine of a book.