


Learn Through Play 2023

November—preschool

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>Connect With 4C Resources Online Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsources. Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p> 			<p>1 Use your senses to explore a fragrant flower.</p>	<p>2 Name five things you love about your home.</p>	<p>3 Cut yellow pictures from magazines and make a yellow collage</p>	<p>4 Let your child pick out a favorite book and have them read to you in their own words.</p>
<p>5 Pretend to be a leaf falling off a tree and blowing around in the windy, cool fall weather.</p>	<p>6 Practice saying please and thank you to each other.</p>	<p>7 Look at a map to show where your relatives live.</p>	<p>8 Read a book about being kind, such as "The Giving Tree."</p>	<p>9 Drop paint onto paper. Fold in half, rub across paper, unfold.</p>	<p>10 Rake leaves together as a family!</p>	<p>11 String straw sections on shoelaces to make necklaces.</p>
<p>12 Encourage older children to read to younger children or to you.</p>	<p>13 Set up a sorting activity using different colored or sized objects to sort.</p>	<p>14 Have a "green" day. Wear green, find green in your house, eat green foods!</p>	<p>15 Play games with bean bags. Balance them on your head and shoulders for a challenge walk!</p>	<p>16 Before reading a book for the first time, ask your child what they think the book is about. Talk about the picture on the cover.</p>	<p>17 Sing songs that have action movements in them like jumping/dancing.</p>	<p>18 Ask your child what rhymes with the word "stop!"</p>
<p>19 Place note cards or small pieces of paper with pens in a basket for children to write letters to friends and family.</p>	<p>20 Allow your child to help prepare meals by cutting soft fruits, setting the table, etc.</p>	<p>21 Count the characters in your child's favorite books.</p>	<p>22 Ask your children what they are interested in. Find books at your library about their favorite things.</p>	<p>23 Give your child small shakers, maracas or bells to shake while singing.</p>	<p>24 Provide natural materials such as small twigs and leaves for children to make art projects.</p>	<p>25 Have your child tell you a story. Write it down for her, then have her illustrate it to create her very own book.</p>
<p>26 Go for a walk and collect rocks. Sort the rocks into piles when you get home.</p>	<p>27 Record your child singing or talking. Then watch or listen to it together.</p>	<p>28 Visit the library and check out books about the fall.</p>	<p>29 Let your child pick out a favorite book and have them read to you in their own words.</p>	<p>30 Read with your child for 15 minutes today—and everyday.</p>		



Squishy Paint Autumn Tree

Materials:
 Ziploc Bag
 Black Marker
 Red, Orange, Green, and Yellow Paint

How To:

1. Draw the outline of a tree on the outside of the plastic bag.
2. Add globs of each color of paint to the inside of the bag near where the leaves of the tree would be.
3. Seal the bag securely and let your children squish the outside of the bag to make different "leaf" patterns with the paint inside!