

Learn Through Play 2023

September—Preschool

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>Connect With 4C Resources Online</p> <p>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsources.</p> <p>Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p> 					<p>1 Go on an imaginary trip. Walk through mud, sand, bridges etc.</p>	<p>2 Make a road on the floor with masking tape. Take small cars and drive them on the roads.</p>
<p>3 Snuggle underneath a blanket and read together.</p>	<p>4 Set up a shoe store with shoes from around the house, shoe boxes, foot measurer and cash register.</p>	<p>5 Cut out shapes and make a shape collage.</p>	<p>6 Collect small rocks and put them in the shape of letters.</p>	<p>7 Sit on a t-shirt and move around the kitchen floor using only your arms!</p>	<p>8 Field Trip Friday! Visit the library or a local park or museum.</p>	<p>9 Prepare a picnic meal together.</p>
<p>10 Have your child tell you a story and write it down to save.</p>	<p>11 Blow bubbles outside. Try to catch them!</p>	<p>12 Have your child help you sort coins into different piles.</p>	<p>13 Go on a letter "O" scavenger hunt in your home.</p>	<p>14 Have your child read his favorite book to you in his words.</p>	<p>15 Spread out wash cloths and walk only on the cloths, not touching the floor!</p>	<p>16 Sing "Old McDonald had a Farm." Take turns naming animals.</p>
<p>17 Make drawings outside with sidewalk chalk.</p>	<p>18 Math Monday! Count the number of chairs in your house.</p>	<p>19 Write down words that rhyme with "hop!"</p>	<p>20 Name a variety of zoo animals and talk about whether they are big or small.</p>	<p>21 Screen Out Saturday! Spend the day without TV or electronics!</p>	<p>22 Sprinkle flour on a cookie sheet and practice drawing letters or numbers.</p>	<p>23 Have a yellow day! Wear something yellow, eat yellow foods.</p>
<p>24 Go on a parade, march and play sticks or kazoos.</p>	<p>25 Make circle bracelets out of pipe cleaners, string with cereal.</p>	<p>26 Show your child how to fold laundry, especially his clothes and washcloths.</p>	<p>27 Enjoy quiet time, close your eyes and listen to classical music.</p>	<p>28 Go on walk and look for fall changes outside.</p>	<p>29 Field Trip Friday! Visit the library or a local park or museum.</p>	<p>30 Collect colorful leaves and arrange them in a vase.</p>



Activity: Under the Sea Snacks

Ingredients:
Graham Crackers
Blue Icing
Goldfish crackers
Sprinkles

Coat the graham cracker in blue icing.

Stick goldfish crackers into the icing so that they look like they are swimming in the sea!

Add on some colorful sprinkles and you've got an adorable fish-themed snack!