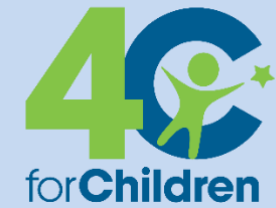


Learn Through Play 2023

August—infant



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		<i>1</i> While at the grocery store, take time to feel the cold items in the freezer and smell items in the deli or bakery.	<i>2</i> Put some rattles in a small container. Let your child dump it out and fill it again and again.	<i>3</i> Stuff a small scarf into a tissue box leaving a little sticking out. Encourage baby to grab and pull the scarf.	<i>4</i> Talking to and explaining things to baby will encourage language skills even if he can't respond—so chatter away!	<i>5</i> Fill a small plastic bottle (medicine bottle with childproof cap) with rice or small beans and let baby shake it.
<i>6</i> Give baby tummy time for a few minutes every day. This strengthens arms and back muscles for later crawling.	<i>7</i> With baby lying on her back, place an open book next to her head so she can see the pictures. Talk about them.	<i>8</i> Sing "This Little Piggy" to your baby. Run your fingers up his belly and tickle him when you get to the last toe.	<i>9</i> Place ¼" of water in a small wash basin. Sit with baby and gently splash the water. Give her a boat to float!	<i>10</i> Hold baby's hands while sitting and gently rock back and forth singing "Row, row, row your boat."	<i>11</i> Use a clear jar to catch a bug. Look at it with baby. What does it look like? What's it doing? Release it together.	<i>12</i> Look at a book or magazine together. Allow baby to turn the pages. Talk about what you see.
<i>13</i> Place a blanket on the floor and lay down next to baby to see from her perspective.	<i>14</i> Go outside and enjoy the wind. Point to the trees and talk about the leaves blowing in the wind.	<i>15</i> Pretend to use blocks as phones. Call each other and have a conversation.	<i>16</i> It's never too early to start reading to her. Choose simple picture books and talk about what you see.	<i>17</i> Use a coffee can to make shape or color sorters	<i>18</i> Hold baby and stand in front of a fan to feel the breeze. Hold a ribbon in the breeze and watch it flutter.	<i>19</i> Fill plastic water bottles with half water and half oil. Add food coloring and put lid on tight.
<i>20</i> With baby in a sitting position, roll a ball back and forth.	<i>21</i> Tummy time! Place your baby gently on his stomach for 15 minutes. Give him toys to reach for.	<i>22</i> Put toys just out of reach for your baby. This encourages her to begin rolling over and crawling.	<i>23</i> Repeat sounds that your baby makes, like "da-da" and "ooh." Language development starts at birth.	<i>24</i> Practice standing with your older baby by holding onto her hands with her feet on the ground.	<i>25</i> Tickle your baby's feet with your fingers and run them slowly up his body to his chin. Giggle and laugh with him.	<i>26</i> Imitate your baby's sounds. Baby will repeat sounds to hear you mimic him. This encourages language and social skills.
<i>27</i> Sing lullabies and tell your baby nursery rhymes.	<i>28</i> Print photos of family members and glue them to construction paper to make a homemade book for baby to look at.	<i>29</i> Arrange several cushions on the floor for baby to crawl over and around.	<i>30</i> Find fabrics of different textures and glue to pieces of cardboard, then tie together to create a book. Name the textures as your baby touches them.	<i>31</i>		

Monster Bubbles

Combine 6 cups of distilled water, ¾ cup light corn syrup, and 2 cups dishwashing liquid. Mix well.

Let solution sit for four hours before using.

Use different sized bubble wands to make bubbles big and small!

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