

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Connect With 4C Resources Online Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsources. Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p>  | | | | <p>1 Cut a square from the side of a used cereal box. Cut the square into 4 pieces to make a simple puzzle for your child.</p> | <p>2 Blow bubbles outside. Talk about the different sizes of the bubbles.</p> | <p>3 Talk about the number 3 today: count to 3, find 3 objects, etc.</p> |
| <p>4 Look for objects in your home shaped like a circle.</p> | <p>5 Have a Teddy Bear Picnic outside today. Take the bears for a ride in a wagon.</p> | <p>6 Run while holding tissue paper streamers. Watch them flap in the wind.</p> | <p>7 Blow cotton balls across the table. Pretend to be the wind blowing the clouds.</p> | <p>8 Practice tiptoeing across the floor with your child.</p> | <p>9 Encourage your child to tell you about her day.</p> | <p>10 Teach your child to sing and do the motions to "I'm a Little Teapot."</p> |
| <p>11 Roll a ball back and forth with your child.</p> | <p>12 Draw faces on your child's fingers to make silly finger puppets.</p> | <p>13 Color a sidewalk with sidewalk chalk and then squirt it with a spray bottle filled with water. Watch it transform!</p> | <p>14 When washing your child at bath time, give her a washcloth and ask, "Where is your foot? There it is! Let's wash it."</p> | <p>15 Cut out shapes and then have your child glue the shapes onto another piece of paper with a glue stick.</p> | <p>16 Read with your child for 15 minutes today.</p> | <p>17 Look for worms in your yard. Try moving like a worm.</p> |
| <p>18 Encourage your child to tell you about her day.</p> | <p>19 Turn off the TV and read together as a family.</p> | <p>20 Take turns with your child throwing rolled up socks into a laundry basket.</p> | <p>21 Today is the first day of summer. Celebrate by reading outside!</p> | <p>22 Look at a book together and say, "I see a _____. Do you see the _____?" When he points to it, say, "There it is, you found it!"</p> | <p>23 When cleaning up toys together, make up or sing a cleanup song. Sing it until everything is put away.</p> | <p>24 Gather five or six items and place them in a line on the floor. Then ask your child, "Where is the _____?"</p> |
| <p>25 Read with your child for 15 minutes today.</p> | <p>26 Sing "Pat-a-Cake" to your child. Use her name in the song.</p> | <p>27 Go outside and look for bugs. Count how many you see.</p> | <p>28 Go for a nature walk and talk about summer.</p> | <p>29 How many books have you and your child read together this month? 5, 10, 15, more?</p> | <p>30 Repeat your favorite activity of the month!</p> | |



DIY Bubble Snakes

Materials:

- Empty Water Bottle
- Sock
- Rubber Band
- Dish Soap
- Water

Cut the bottom of the water bottle off and place the sock over the cut end. Fold the sock over and add a rubber band around the sock and bottle to keep it nice and snug.

Mix together 3 tsp dish soap and half a cup of water. Have your child dip the sock covered end of the water bottle into the mixture, then blow into the mouth piece to create a bubble snake!