



# Quality Programs

## WE'RE HERE TO HELP!

Whether you want to achieve a quality rating or further your early childhood knowledge, 4C for Children is your go-to resource for support. We offer a variety of professional development opportunities to meet the needs of early childhood professionals in Ohio.

## COACHING

**4C for Children provides many different types of coaching supports to child care providers to enhance the quality of care for children, with many offered free of charge. From individualized on-site coaching to group technical assistance, 4C has a coaching plan to meet your needs.**

- **Age-specific (infant, toddler, preschool, school-age) coaching.** Enhances existing skills and knowledge while helping to develop new skills.
- **Business supports.** Helps programs strengthen business practices.
- **Leadership coaching.** Focuses on program strategies to enhance the quality of care for children.
- **Ohio Step Up To Quality coaching.** Walks providers through every step required in achieving a rating in Ohio's quality rating system.



## CHILD NUTRITION PROGRAM

As a sponsor of the Child and Adult Care Food Program (CACFP), 4C for Children helps licensed child care centers and family child care providers in Southwest Ohio and Miami Valley promote healthy eating habits and receive reimbursement for serving nutritious, well-balanced meals. 4C specialists provide support to programs, answer questions and offer personalized training.

# TRAINING

4C for Children provides exceptional training to help early childhood professionals advance their skills, programs and careers. No matter your need, we can help you tap into the most relevant continuing education and training opportunities available.



- **In-person training.** Offers you opportunities to learn from a highly qualified instructor while interacting with other early childhood professionals at 4C training locations or virtually.
- **Child Development Associate (CDA) credential.** Receive a nationally recognized credential in early childhood education. Participants in the 4C for Children's CDA program can earn up to 120 hours of Ohio Approved credit. Scholarship opportunities are available.
- **Community of Learners.** Provides a more in-depth opportunity to explore early childhood and leadership topics through a series of active learning experiences.
- **Developing Early Childhood Leaders (DECL).** Helps early childhood program leaders develop and strengthen leaderships skills during a 10-month seminar series.
- **Leadership and Early Childhood Conference.** Delivers premier early childhood keynote speakers and workshop sessions on the most relevant topics every year.
- **On-site training.** Offers the opportunity to have a shared learning experience that meets your staff or program's specific training needs, while remaining in your own environment.

## Learn More

Learn more about 4C for Children's professional development opportunities.

513-221-0033 *Southwest Ohio*  
937-220-9660 x1301 *Miami Valley*

[www.4cforchildren.org/providers](http://www.4cforchildren.org/providers)



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