



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
			1 Compare the taste of sweet, sour, and salty foods.	2 Give your child a blanket ride. Place her in the middle of a large blanket, hold two corners and drag her across the floor. WHEE!	3 Cut a card or a cereal box picture into 3 or 4 pieces. See if your child can put it back together.	4 When doing laundry, have your child help fold washcloths or dish towels. Also have him sort and match socks.
5 With a toy phone or an old phone, have a pretend conversation with your child. Take turns initiating.	6 Have your child help set the table for meals. Say the names of the dishes as he sets them on the table.	7 Help your child learn his full name and age.	8 Look at the night sky together. Discuss what you see.	9 Make a tunnel or tent by draping a blanket over two chairs or a table. Roll a ball or a car in and encourage your child to go in and get it.	10 Place a pair of your child's socks on a stuffed animal or doll and encourage her to take them off.	11 Listen to music together and allow your child to tap a wooden spoon against a pail or bowl in rhythm to the music.
12 Talk! Talk! Talk!	13 Take turns throwing stuffed animals, dolls, bean bags into a basket. Talk about taking turns. You can say, "My turn," or "Your turn."	14 Stand in front of the mirror with your child. Make funny faces and laugh together. You can even sing a song.	15 Sing "If You're Happy and You Know It." Help your child do all the actions.	16 Get in your PJs early and have a pajama party!	17 	18 Attend story time at your local library.
19 Play "I Spy With My Little Eye" using different body parts. Eyes, nose, ears, arm, leg, hair, etc.	20 	21 Talk about the weather. Is it becoming warmer? Is it still cold? Does she see the sun or clouds?	22 Play "Simon Says."	23 Create an obstacle course with chairs and blankets. You and your child can practice moving under, over, and around.	24 Sing "Old McDonald." How many different animal sounds can your child make, repeat, or recognize?	25 Read! Read! Read!
26 Take a few minutes before bedtime to stretch and relax as a family.	27 Pretend to be different animals as you and your child move throughout the house. You can be a dog, a bird, a bunny, a butterfly, etc.	28 Play "Ring Around the Rosie" with your child. Hold her or walk in a circle together, then fall down together onto the couch or bed	29 Draw pictures together. Talk about your pictures. Talk about the colors, shapes, lines, etc in the pictures.	30 Give your child lots of love and hugs. Tell him how much you love him.	31 Read through each day and repeat your favorite activity of the month.	
<p>Connect With 4C Resources Online</p> <p>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsources.</p> <p>Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p> 						

Butterfly Baggie Craft

Here's what you'll need...

- Zip-lock baggie
- Construction or tissue paper
- Pipe cleaner or clothes pin
- Scissors

Here's how you make it...

1. Cut the top off the baggie that sticks up above the zipper.
2. Cut paper into squares, crumple them and place them inside the baggie. Fill the baggie about $\frac{2}{3}$ full.
3. Squeeze out the air in the baggie and seal it tight. Gather it in the middle and wrap and twist a pipe cleaner around the center. Twirl the ends to make the butterfly's antennas. Alternate idea is to gather with a clothes pin to form the body of the butterfly.