

# Play & Learn 2023

# February—Preschool



<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
			<i>1</i> Fold and cut coffee filters to make lacy snowflakes.	<i>2</i> Make hot chocolate with your child.	<i>3</i> Play in a sink of warm, soapy water. Discover what floats.	<i>4</i> Teach your child the rhyme, "Hickory Dickory Dock." Act it out!
<i>5</i> Turn out the light and write on a wall with a flashlight.	<i>6</i> Make up a story by looking at pictures in a magazine.	<i>7</i> Make a tent with blankets and crawl inside and read.	<i>8</i> Make a map of your house and have your child trace paths from room to room.	<i>9</i> Let your child help you vacuum and dust. Sing while you work together!	<i>10</i> Talk with your child about ways to be a friend.	<i>11</i> Make heart-shaped sugar cookies with your child and decorate them.
<i>12</i> Have fun with play dough using cookie cutters.	<i>13</i> Talk about ways to express your love for each person in your family.	<i>14</i> Count the number of circle objects in your home.	<i>15</i> Pick up cotton balls with tweezers to fill up a bowl full of "soft snow."	<i>16</i> Take turns with your child singing your favorite songs.	<i>17</i> Teach your child how to set the table. Have a tea party!	<i>18</i> Take turns hiding and finding cotton balls around the room.
<i>19</i> Read an ABC book and ring a bell when you find a letter in your child's name.	<i>20</i> Color to music! Find different rhythms, speeds and patterns to match the music.	<i>21</i> Play "store" with toys, grocery bags and money made from paper.	<i>22</i> Make a pile of socks and have your child find the matching pairs. Put them on and giggle.	<i>23</i> Take a ride in the car and look for red or yellow cars.	<i>24</i> Take a nature walk and talk about winter.	<i>25</i> Put on an apron and show your child how to fingerprint.
<i>26</i> Talk to your child about a time when you played in the snow when young.	<i>27</i> Go outside and listen for the birds. Sprinkle cereal under a tree for them.	<i>28</i> Sort out M&Ms or another candy by color. Talk about favorite colors.				
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## Brag Book

Create a little homemade photo album that slips easily into a diaper bag! Your child will enjoy looking at this over and over!

Using sandwich size Ziploc bags, insert photos. Then staple them together to resemble a book, and cover the staples with duct tape to resemble the spine of a book.