
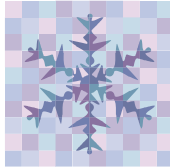




<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p align="center">Connect With 4C Resources Online</p> <p>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/families.</p> <p>Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p> 						
<p>1 Choose a light, breezy scarf for your child to dance with. Encourage them to wave the scarf through the air to the beat of the music.</p>	<p>2 Make simple puzzles from the covers of holiday cards. Let your child put them back together.</p>	<p>3 Place a handful of cotton balls on the floor and blow the cotton ball "storm" around. Can you make it wild and windy? Gentle and breezy?</p>	<p>4 Create jingle bell shakers by filling small empty water bottles and place 2-3 small bells in each. Screw lids onto bottles and glue or tape for safety.</p>	<p>5 Sing "Jingle Bells" and use your jingle bell shakers. Have your child shake the shakers to the beat of the music.</p>	<p>6 Say this rhyme and mime the actions: "Softly, softly falling so. This is how the snowflakes go. Pitter-patter pitter-patter, pit pit pat. Down go the raindrops on my hat."</p>	<p>7</p> 
<p>8 Cut a snowflake shape out of cardboard. Put glue all over it and let your child use cotton balls to cover all the glue to make a "fluffy" snowflake.</p>	<p>9 Fill a spray bottle with water and add a few drops of food coloring. Dress your child warmly and take him outside to "paint" the snow with his spray bottle.</p>	<p>10 Count out 10 pretzels with your child, then eat them for a snack.</p>	<p>11</p> 	<p>12 Look through winter magazines or cards for pictures of snowmen. How many did you find?</p>	<p>13 Have your child use their imagination and build a snowman using blocks. See how big you can make your snowman.</p>	<p>14 Make snowman or snowflake shaped cookies and let your child help frost them with icing. Eat and enjoy the sweet treat!</p>
<p>15 Enjoy a hot chocolate tea party. Let your child pour the measured cocoa mix and add some warm water. Let them help stir it.</p>	<p>16 Make circle prints. Put some tempera paint on a plate. Use circle lids of different sizes to dip and paint a picture of a snowman.</p>	<p>17 Have your child slide across the floor using paper plates and pretend you are ice skating!</p>	<p>18 Have your child put "snowballs" (cotton balls) in a bucket and take them out. Say "in" and "out" as they do!</p>	<p>19 Use a large cardboard box and make it into a pretend sleigh. Have your child use their gross motor skills to push it around.</p>	<p>20 Whip up your favorite pancake recipe. Have your child decorate with blueberries or M&M's and enjoy!</p>	<p>21 Have your child crumble pieces of paper to make snowballs. Then have a pretend snowball fight!</p>
<p>22 Set up a pretend birthday party using your child's toys. Serve pretend cake, sing "Happy Birthday" and play party games!</p>	<p>23 Put dots on a paper and have your child place a cheerio on each dot. Or use cheerios to string onto a pipe cleaner to make bracelets.</p>	<p>24 Do a color sort. Make a red and blue mat with construction paper, then have your child find red and blue things and put them on the matching mat.</p>	<p>25 Make a pretend igloo out of blankets and chairs. Have your child crawl in and out of the igloo pretending to find shelter in snowstorm.</p>	<p>26 Give your child words for their feelings. "You must be feeling very happy today!" Make happy, sad and mad faces in a mirror together.</p>	<p>27</p> 	<p>28 Cut out pictures from a magazine and glue onto popsicle sticks to make puppets!</p>
<p>29 Use your puppet sticks to tell a story or make the puppets ask your child, "What's your name?" or "What's your favorite color?"</p>	<p>30 Find some different types of hats. Set them out and have your child toss them towards a goal line. Which one was closest?</p>	<p>31 Have your child look at the pictures on some old holiday/greeting cards and tell a story about them.</p>				



Ice Cube Bags

What you will need:
Ice cube tray
Water
Red, yellow, and blue food coloring
3 Ziploc bags

Mix water and food coloring together and pour into the ice cube tray. Make sure you make enough for two ice cubes of each color. When frozen, place a red and yellow ice cube into one Ziploc bag, a red and a blue ice cube into the second Ziploc bag, and a yellow and a blue ice cube into a third Ziploc bag.

Let your child move the cubes around in the bags and will be amazed by what happens when two colors melt together!