




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p><b>1</b> Have your child write thank you notes with pictures for holiday gift.</p>	<p><b>2</b> Have your child cut out pictures of favorite foods. Take to the grocery and find the foods.</p>	<p><b>3</b> Turn on some dance music. Have a dance party with stuffed animals.</p>	<p><b>4</b> Have your child cut letters out of ads and paste into a letter collage. Trace letters with fingers.</p>	<p><b>5</b> Take turns pretending to be different animals with your child and guess what the animal is.</p>	<p><b>6</b> Make a cozy blanket fort with your child in the play room and snuggle inside and read books.</p>	<p><b>7</b> Big and little! Practice taking big and little steps, big and little jumps with your child.</p>
<p><b>8</b></p> 	<p><b>9</b> Make snow angels with your child! If no snow, do jumping jacks—indoor snow angels!</p>	<p><b>10</b> Use empty water bottles and bowl them down using a rubber ball.</p>	<p><b>11</b> Read a book with your child and act out the movements in the story.</p>	<p><b>12</b> Make roads on the floor with masking tape. Let your child drive small cars on the roads.</p>	<p><b>13</b> Color music! Have your child color on different types of paper to the rhythm and speed of music.</p>	<p><b>14</b> Look through family photo albums and tell stories about the pictures to your child.</p>
<p><b>15</b> String some O-shaped cereal with your child and hang outside for the birds to eat.</p>	<p><b>16</b> Have a Blue day with your child. Wear and find things inside and outside that are blue.</p>	<p><b>17</b> Mix a batch of cookie dough with your child, then bake, decorate and eat!</p>	<p><b>18</b> Count clothespins with your child as you place them on the rim of a bucket.</p>	<p><b>19</b></p> 	<p><b>20</b> Up and Down! Have your child slowly roll her body down to the ground and back up.</p>	<p><b>21</b> Have your child twist pipe cleaners to make shapes and circle bracelets.</p>
<p><b>22</b> Place a sticker on the right hand or foot of your child and play the Hokey Pokey.</p>	<p><b>23</b> Have your children separate the grocery produce into different groups by colors.</p>	<p><b>24</b> In a mirror, make feeling faces together: happy, sad, mad, etc.</p>	<p><b>25</b> Make believe paint your house with your child. Paint high and low, fast and slow.</p>	<p><b>26</b> Dress up in silly clothes. Pants on your head, socks on your thumbs, etc.</p>	<p><b>27</b> Doodle shapes on paper with your child and put smiley faces on the doodles.</p>	<p><b>28</b> Read a book about snow with your child and cut out snowflakes to decorate your windows.</p>
<p><b>29</b> Make a tunnel with chairs and a blanket. Crawl through and around it with your child.</p>	<p><b>30</b> Play hide and seek with a toy. Give clues as the child searches.</p>	<p><b>31</b> Take a family walk! Share ways your family can stay healthy this year.</p>				



## Ice Cube Bags

What you will need:  
Ice cube tray  
Water  
Red, yellow, and blue food coloring  
3 Ziploc bags

Mix water and food coloring together and pour into the ice cube tray. Make sure you make enough for two ice cubes of each color. When frozen, place a red and yellow ice cube into one Ziploc bag, a red and a blue ice cube into the second Ziploc bag, and a yellow and a blue ice cube into a third Ziploc bag.

Let your child move the cubes around in the bags and will be amazed by what happens when two colors melt together!