

Learn Through Play 2022

June—toddler

| <i>Sunday</i> | <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
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| <p>Connect With 4C Resources Online Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsources. Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p>  | | | <p>1 Practice saying “please” and “thank you.”</p> | <p>2 Dance to country music today.</p> | <p>3 Visit your library. Ask the librarian if they have a fun summer program planned.</p> | <p>4 Go outside at night and talk about the stars. Sing “Twinkle, Twinkle, Little Star” together.</p> |
| <p>5 Make the sounds of various farm animals and sing “Old McDonald.”</p> | <p>6 Exercise with your child. Do jumping jacks, waist bends, etc.</p> | <p>7 Find faces in magazines or books. Have your child tell you how that person is feeling. Discuss the feelings.</p> | <p>8 Sing and do the motions to “If You’re Happy and You Know It.”</p> | <p>9 Commit to a TV/phone/tablet screen-free evening and read together as a family.</p> | <p>10 Have your child draw a picture. Ask him to sign his wonderful piece of art.</p> | <p>11 Go outside and find things that fly, such as birds, jets and butterflies. Talk about how they are the same and different.</p> |
| <p>12 Let your child help you plan and prepare a healthy breakfast.</p> | <p>13 Talk about different ways to be good friend.</p> | <p>14 Sing and do the motions to “If You’re Happy and You Know It.”</p> | <p>15 Mix crackers, cereals, pretzels, etc. Then ask your child to sort through the snack, matching them and eating them.</p> | <p>16 Make paper airplanes with your child. Practice throwing them outside to see how far they will go!</p> | <p>17 Take your child on a scavenger hunt to look for items outdoors! (a black rock, a green leaf, a yellow flower, a worm, etc.)</p> | <p>18 Explore your neighborhood looking for spiders and their webs. Webs can be beautiful.</p> |
| <p>19 How many books did you read this month?</p> | <p>20 Count the petals on a flower.</p> | <p>21 Blow bubbles outside. Talk about the different sizes of the bubbles.</p> | <p>22 Help your child learn your phone number. Write it down and point to the numbers as you say it.</p> | <p>23 Look for the number 5 today. Practice counting to 5 and then practice counting 5 items.</p> | <p>24 Take turns with your child throwing rolled up socks into a laundry basket.</p> | <p>25 Dance like the wind. Are you a soft breeze or a wild hurricane?</p> |
| <p>26 Make alphabet letters with your body.</p> | <p>27 Look for worms in your yard. Try moving like a worm.</p> | <p>28 Challenge your child to find objects with letters on them. What letters did she find?</p> | <p>29 Sing and do the motions to “If You’re Happy and You Know It.”</p> | <p>30 Sing and do the motions to “If You’re Happy and You Know It.”</p> | | |



Activity:
No-Bake Monster Cookies

- Ingredients:**
- 2½ cups oats
 - 1 cup peanut butter
 - ½ cup honey
 - 1 teaspoon vanilla extract
 - ½ cup chocolate chips
 - ½ cup M&Ms

Stir together the oats, peanut butter, honey and vanilla until combined. Stir in the chocolate chips and M&M candies.

Roll dough into balls and place on a baking sheet. Put them in the fridge for 30 minutes to set and enjoy! They can last up to 2 weeks in an airtight container.