

Learn Through Play 2022

June—toddler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Connect With 4C Resources Online Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsource . Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.			1 Practice saying "please" and "thank you."	2 Dance to country music today.	3 Visit your library. Ask the librarian if they have a fun summer program planned.	4 Go outside at night and talk about the stars. Sing "Twinkle, Twinkle, Little Star" together.
5 Make the sounds of various farm animals and sing "Old McDonald."	6 Exercise with your child. Do jumping jacks, waist bends, etc.	7 Find faces in magazines or books. Have your child tell you how that person is feeling. Discuss the feelings.	8 Sing and do the motions to "If You're Happy and You Know It."	9 Commit to a TV/phone/tablet screen-free evening and read together as a family.	10 Have your child draw a picture. Ask him to sign his wonderful piece of art.	11 Go outside and find things that fly, such as birds, jets and butterflies. Talk about how they are the same and different.
12 Let your child help you plan and prepare a healthy breakfast.	13 Talk about different ways to be good friend.	14 Sing and do the motions to "If You're Happy and You Know It."	15 Mix crackers, cereals, pretzels, etc. Then ask your child to sort through the snack, matching them and eating them.	16 Make paper airplanes with your child. Practice throwing them outside to see how far they will go!	17 Take your child on a scavenger hunt to look for items outdoors! (a black rock, a green leaf, a yellow flower, a worm, etc.)	18 Explore your neighborhood looking for spiders and their webs. Webs can be beautiful.
19 How many books did you read this month?	20 Count the petals on a flower.	21 Blow bubbles outside. Talk about the different sizes of the bubbles.	22 Help your child learn your phone number. Write it down and point to the numbers as you say it.	23 Look for the number 5 today. Practice counting to 5 and then practice counting 5 items.	24 Take turns with your child throwing rolled up socks into a laundry basket.	25 Dance like the wind. Are you a soft breeze or a wild hurricane?
26 Make alphabet letters with your body.	27 Look for worms in your yard. Try moving like a worm.	28 Challenge your child to find objects with letters on them. What letters did she find?	29 Sing and do the motions to "If You're Happy and You Know It."	30 Sing and do the motions to "If You're Happy and You Know It."		



Activity:
No-Bake Monster Cookies

Ingredients:

- 2½ cups oats
- 1 cup peanut butter
- ½ cup honey
- 1 teaspoon vanilla extract
- ½ cup chocolate chips
- ½ cup M&Ms

Stir together the oats, peanut butter, honey and vanilla until combined. Stir in the chocolate chips and M&M candies.

Roll dough into balls and place on a baking sheet. Put them in the fridge for 30 minutes to set and enjoy! They can last up to 2 weeks in an airtight container.