


# Learn Through Play 2022

# May—infant

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
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<b>1</b> Hide a toy that makes noise and turn it on.	<b>2</b> See if your baby will search out the sound.	<b>3</b> Roll a ball or a toy car to your baby and see if she will reach out to grab it or eventually roll back to you.	<b>4</b> Look at a picture book together when your baby is cuddled on your lap. Talk softly, label each picture and point to it.	<b>5</b> When your baby is ready, put squeezable items such as sponges in the bathtub and let your baby play with them.	<b>6</b> Blow bubbles so your baby can watch them. When the bubbles pop, say “pop!” Be careful of eyes, try to blow near his hands.	<b>7</b> While carrying your child, move fast, dance to music or move in a circle. Say words like “whee” or “spin” while moving.
<b>8</b> Stack some blocks or small boxes. Roll a ball and knock them over. Stack again and see if your baby will try to roll the ball.	<b>9</b> When your baby is ready, encourage her to try drinking from a regular cup. Once she has mastered that, try a straw cup or sippy cup.	<b>10</b> Sing to your baby when washing his face and hands. “This is the way we wash our hands, wash our hands, wash our hands...”	<b>11</b> Take a walk outside and point out all the things that you see.	<b>12</b> Set up a mirror for your baby to see herself while she plays on the floor. Watch her response to her image.	<b>13</b> Show your baby a picture of an animal and make the sound.	<b>14</b> Scatter small stuffed animals on the floor and encourage your baby to crawl after them and put in a basket.
<b>15</b> Play a game of peek-a-boo with your baby.	<b>16</b> READ! READ! READ with your baby!	<b>17</b> While listening to music, dance with your baby.	<b>18</b> Talk about feelings with your baby. For example: You are happy right now, your face tells me you are sad, etc.	<b>19</b> Place a favorite toy under a blanket or pillow. See if your baby can find it.	<b>20</b> TALK! TALK! TALK with your baby!	<b>21</b> Lay your baby on a blanket outside. Watch birds fly by and count them out loud. Listen to the sounds they make.
<b>22</b> Give your baby lots of kisses! Butterfly kisses, Eskimo kisses...	<b>23</b> Go to a park and slide down a slide together. Hold on tight...wheee!	<b>24</b> Praise your baby when she has achieved something. This boosts her trust and self-confidence.	<b>25</b> Play a finger song game like “Five Little Monkeys.”	<b>26</b> Walk outside today, Explore the grass, sit and let your baby feel and pull with his hands.	<b>27</b> Have a family picnic outside. Don’t forget the sunscreen!	<b>28</b> Attend story time at your local library.
<b>29</b> Massage your baby’s feet and hands and count each toe/finger. Clap her feet or hands together and sing rhymes!	<b>30</b> Go back and repeat the activities you enjoyed this month.	<b>31</b> TALK! TALK! TALK with your baby!				



**Activity:**  
**Touchy Feely Box**

**Materials:**  
-Shoobox  
-Shells, pinecones, rocks, feathers, etc.

**Directions:**  
**Place items in box. Leave the lid off.**

**Help your child put their hand in the box and touch an object.**

**Describe the way the item feels to your child.**

**Use descriptive words such as hard, soft, smooth, rough or bumpy.**