




# Learn Through Play 2021

# December—Toddler

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p><b>Connect With 4C Resources Online</b></p> <p><b>Parenting E-newsletter:</b> Sign up for our monthly e-news full of parenting tips! Visit <a href="http://www.4cforchildren.org/families">www.4cforchildren.org/families</a>.</p> <p><b>Social media:</b> Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p> 			<p><b>1</b> Make a brag book for your child. Include pictures of all family members. Point at pictures and say their names.</p>	<p><b>2</b> Pretend your child's teddy bear or doll is real: feed them a cookie, give them a drink, put them to bed, etc.</p>	<p><b>3</b> When you and your child walk up or down stairs, count them as you go!</p>	<p><b>4</b> When taking toys out of a toy box, name them and place in front of your child.</p>
<p><b>5</b> Set a box or basket on its side and roll a ball into it. Make a stack of blocks and roll the ball to knock them over.</p>	<p><b>6</b> Place blocks in a container, one by one, and then dump them out again. Children will do this over and over!</p>	<p><b>7</b> Show your toddler pictures of items in a book or magazine that he can find around the house.</p>	<p><b>8</b> Build a tower of blocks with your child. See if they can stack and balance more than five blocks.</p>	<p><b>9</b> Make some rolled-up sock "balls" and encourage your child to throw them into a basket or a box. See how far they can stand back to hit the target.</p>	<p><b>10</b> Let your child put on bigger shoes or slippers and try walking around in them. Say, "Look what a big girl/boy!"</p>	<p><b>11</b> Place a broom on the floor and encourage your child to step or jump over the handle as well as the bristles.</p>
<p><b>12</b></p> 	<p><b>13</b> Turn the music on and dance! Hold your child's arm and move to the music, dip them, twirl them, bounce. Enjoy!</p>	<p><b>14</b> Try a new fruit or vegetable with your child at lunch today.</p>	<p><b>15</b> Call grandma or grandpa or another family member. Let your child listen and "talk" on the phone with them.</p>	<p><b>16</b> Cut a card or a cereal box picture into three or four pieces and see if your child can put it back together.</p>	<p><b>17</b> Listen to music together and allow your child to tap a wooden spoon on a pail or bowl in rhythm to the music.</p>	<p><b>18</b> Make a color shaker using a clear bottle such as a vitamin bottle. Fill with water, sequins, glitter, etc. Seal and glue lid. Encourage your child to shake.</p>
<p><b>19</b> When doing laundry, have your child help fold washcloths.</p>	<p><b>20</b> When your child is on the floor, crawl around them on your hands and knees and talk to them.</p>	<p><b>21</b> Create a special maze with blocks or books. Have your child drive a toy car through from one side to the other.</p>	<p><b>22</b> Make a snow angel with your little one, dressed in their snowsuit, hat and mittens. Take a picture for a keepsake.</p>	<p><b>23</b> Dance the "Hokey Pokey" with your child! Show them how to put the different parts "in" when you sing about each part.</p>	<p><b>24</b> Sing to your child when washing their face and hands or when bathing. "This is the way we wash our hands..."</p>	<p><b>25</b></p> 
<p><b>26</b> Make a puppet or stuffed animal (or even a sock!) talk or sing to your child.</p>	<p><b>27</b> Color with your child! Allow them to scribble. Show them how to draw circles and lines.</p>	<p><b>28</b> Tickle your child. Name their body parts as you tickle. See if you can get them to smile, giggle and laugh. Precious!</p>	<p><b>29</b> When grocery shopping, point out different items and name them. Let your child feel or hold different (safe) items while they are in the cart.</p>	<p><b>30</b> Sing rhymes together such as: "Pat-a-cake"</p>	<p><b>31</b> Go to the library and check out some books about winter! Read together under a cozy blanket.</p>	



## 2-Liter Bottle Snowflakes

Materials:  
2-Liter bottle  
Paint  
Paintable Surface

1. Lay down a paintable surface such as paper or a plate.
2. Put the bottom of the bottle into the paint and use it as a stamp on the paper.
3. With your child you can create a snowstorm on the paper!