

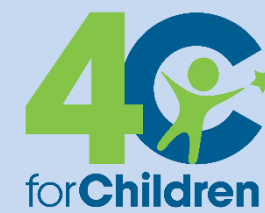


# Learn Through Play 2020

# June—Preschool

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	<b>1</b> Look for worms in your yard. Try moving like a worm.	<b>2</b> Make alphabet letters with your body.	<b>3</b> Dance like the wind. Are you a soft breeze or a wild hurricane?	<b>4</b> Take turns with your child throwing rolled up socks into a laundry basket.	<b>5</b> 	<b>6</b> Look for the number 6 today. Practice counting to 6 and then practice counting 6 items.
<b>7</b> Help your child learn your phone number. Write it down and point to the numbers as you say it.	<b>8</b> Blow bubbles outside. Talk about the different sizes of the bubbles.	<b>9</b> Count the petals on a flower.	<b>10</b> Practice saying "please" and "thank you."	<b>11</b> Dance to country music today.	<b>12</b> Go outside at night and talk about the stars. Sing "Twinkle, Twinkle, Little Star" together.	<b>13</b> Make the sounds of various farm animals and sing "Old McDonald."
<b>14</b> Exercise with your child. Do jumping jacks, waist bends, etc.	<b>15</b> Find faces in magazines or books. Have your child tell you how that person is feeling. Discuss the feelings.	<b>16</b> Sing and do the motions to "If You're Happy and You Know It."	<b>17</b> Have your child draw a picture. Ask him to sign his wonderful piece of art.	<b>18</b> Go outside and find things that fly, such as birds, jets and butterflies. Talk about how they are the same and different.	<b>19</b> Commit to a TV/phone/tablet screen-free evening and read together as a family.	<b>20</b> Let your child help you plan and prepare a healthy breakfast.
<b>21</b> 	<b>22</b> Talk about different ways to be good friend.	<b>23</b> Try different ways of walking: giant steps, baby steps, tip-toeing, walking backwards, etc.	<b>24</b> Mix crackers, cereals, pretzels, etc. Then ask your child to sort through the snack, matching them and eating them.	<b>25</b> Make paper airplanes with your child. Practice throwing them outside to see how far they will go!	<b>26</b> Take your child on a scavenger hunt to look for items outdoors! (a black rock, a green leaf, a yellow flower, a worm, etc.)	<b>27</b> Explore your neighborhood looking for spiders and their webs. Webs can be beautiful.
<b>28</b> Look for the letter J today. Jam for breakfast? Blue jays outside? The possibilities are endless!	<b>29</b> How many books did you read this month?	<b>30</b> Repeat your favorite activity of the month.				



## No-Bake Monster Cookies

- Ingredients:
- 2½ cups oats
  - 1 cup peanut butter
  - ½ cup honey
  - 1 teaspoon vanilla extract
  - ½ cup chocolate chips
  - ½ cup M&Ms

Stir together the oats, peanut butter, honey and vanilla until combined. Stir in the chocolate chips and M&M candies.

Roll dough into balls and place on a baking sheet. Put them in the fridge for 30 minutes to set and enjoy! They can last up to 2 weeks in an airtight container.

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