


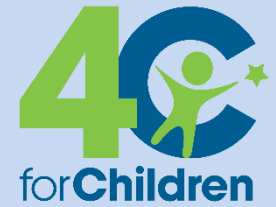


Learn Through Play 2020

July—Preschool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Connect With 4C Resources Online</p> <p>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/families.</p> <p>Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p> 			<p>1 Teach your child the rhyme "Mary, Mary Quite Contrary."</p>	<p>2 March around to some patriotic music.</p>	<p>3 Celebrate with white cupcakes topped with strawberries and blueberries.</p>	<p>4</p> 
<p>5 Name five things you love about your home.</p>	<p>6 Cut yellow pictures from magazines and make a yellow collage.</p>	<p>7 Use your senses to explore a fragrant flower.</p>	<p>8 Cut triangles out of colored paper. Glue onto white paper to make flower shapes.</p>	<p>9 Pretend to be a flower blooming in the warm summer sunshine.</p>	<p>10 Visit a farmer's market. Choose a new vegetable to try.</p>	<p>11 Practice saying please and thank you to each other.</p>
<p>12</p> 	<p>13 Look at a map to show where your relatives live.</p>	<p>14 Let your child help you make a fruit smoothie.</p>	<p>15 Read a book about gardens, such as "The Tale of Peter Rabbit."</p>	<p>16 Use a watering can to water some plants.</p>	<p>17 Write letters with chalk on a sheet of dark paper.</p>	<p>18 Drop paint onto paper. Fold in half, rub across paper, unfold.</p>
<p>19 String straw sections on shoelaces to make necklaces.</p>	<p>20 Talk about what you can do when you are feeling mad.</p>	<p>21 Find a virtual story time presented by your local library.</p>	<p>22 Put on your swimming suit and enjoy an indoor beach picnic.</p>	<p>23 Explore a knock-knock joke book and make up some of your own.</p>	<p>24 Lay on a blanket outside in the shade and listen to the different noises.</p>	<p>25 Tape two short cardboard tubes together side by side to make a pair of binoculars.</p>
<p>26 Draw on a paper coffee filter with marker then spray with water.</p>	<p>27 Play the "I spy" game.</p>	<p>28 Set up a shoe store with shoes around the house.</p>	<p>29 Freeze a block of water and set it outside to see how long it takes to melt.</p>	<p>30 Do the activity of the month. Enjoy your healthy breakfast!</p>	<p>31 Have a dance party with your child's favorite music! Craft homemade drums & shakers.</p>	



Waffle Dippers

Ingredients

- 1 frozen waffle, toasted
- ½ cup flavored yogurt
- ¼ cup diced fruit or berries

Directions

1. Cut toasted waffle into 1-inch strips.
2. Dip into yogurt.
3. Serve with fruit.