




<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Roll a ball or a toy car to your child in lying or sitting position. See if she will reach out to grab it or roll it back to you.	2 Experiment with new sounds and see if your child will copy you (try clicking with your tongue, smacking your lips, gurgling, etc.)	3 Sit your child on your lap or in her highchair. Put some floatable toys in a pan of water and show how to bob them up and down.	4 Sing “Pat-a-Cake” to your child. Use her name in the song.	5 	6 Do the activity of the month today! See instructions to the right.
7 Help your child grab for different objects and allow him to explore each. Say, “Look at the _____. Get it!” When he does, say, “Yeah!”	8 Try to encourage your child to stretch. Lay her on her tummy, then put something out of her reach, so she will try to reach for it.	9 Try to encourage your child to stretch. Lay her on her tummy, then put something out of her reach, so she will try to reach for it.	10 Take a walk outside and point out all the things that you see. Explore your neighborhood or yard.	11 Read with your child for 15 minutes today.	12 Blow bubbles outside. Talk with your child about the bubbles. Let him reach out to pop them.	13 Hold a ribbon or paper streamer in front of a fan. Watch and describe how it moves with the wind.
14 Put a sock on one of your child’s hands and encourage her to remove. Try the other side also.	15 Place a toy or ball underneath a cup and see if your child can find it. Ask, “Where is the ball?”	16 Walk outside today, explore grass, sit and let your child feel and pull with her hands.	17 Check out books about shapes from the library and read with your baby.	18 Sing and do the motions to “I’m a Little Teapot.”	19 Sing “Pop goes the Weasel.” When you sing the word “pop” add an action like a clap or a jump.	20 Make sounds like “ba-ba” or “da-da” and see if your child will copy. Sing these sounds to the tune of “Row, Row, Row Your Boat.”
21 	22 Check out books about animals from the library and read with your baby today.	23 Place blocks in a container, one by one, and then dump them out. Dump and fill! Your child will do this over and over.	24 Stack toilet tissue rolls and then push them or kick them over together. Repeat.	25 Turn the music on and dance! Hold your child’s arm and move to the music, dip them, twirl them, bounce. Enjoy!	26 When it is time to for a meal, say “It’s time to eat!” as you position your child for feeding. Try to say it each time.	27 Check out books about colors from the library and read with your baby.
28 Talk, smile, laugh, and enjoy your child. She is so special!	29 How many books did you read with your child this month?	30 Fill an empty water bottle with rice or pasta, then secure the top with glue. Your child will enjoy shaking the bottle and listening to the noise.				
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Edible Baby Paint

Materials:

- Baby Rice Cereal
- Water
- Food Coloring
- Paintable Surface

Combine the rice cereal and water until it reaches a paint-like consistency. Add food coloring until you get your desired colors.

Put down a paintable surface such as a sheet or a drop cloth and let your baby paint!