## **Learn Through Play 2020**

## **January**—Toddler

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Connect With 4C Resources Online  Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit www.4cforchildren.org/parentsource.  Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.			1 Dance with a light scarf. Encourage your child to wave the scarf in the air to the music beat.	2 Make simple puzzles from the covers of holiday cards. Let your child put them back together.	3 Put a handful of cotton balls on the floor and blow the cotton ball "storm" around. Make it wild and windy and gentle and breezy	Fill small empty water bottles and place 2-3 small bells in each. Screw lids onto bottles and glue or tape for safety.	forChildren
5 Sing "Jingle Bells" using your jingle bell shakers. Shake to the beat of the music.	6 Cut a snowflake out of cardboard. Put glue all over it and let your child use cotton balls to cover it to make a "fluffy" snowflake.	Fill a spray bottle with water and a few drops of food coloring. Dress your child warmly. Go outside to "paint" the snow.	8 Count out 10 pretzels with your child, then eat them for a snack.	9 Look through winter magazines or cards for pictures of snowmen. How many did you find?	10 Have your child build a snowman using blocks. See how big you can make your snowman.	11 Make snow- man or snowflake shaped cookies and let your child help frost them.	Ice Cube Bags What you will need: Ice cube tray Water Red, yellow, and blue food coloring 3 recloseable plastic bags  Mix water and food coloring together and pour into the ice cube tray. Make sure you make enough for two ice cubes of each color. When frozen, place one red and one yellow ice cube into a plastic bag. Then place a red and a blue ice cube into the second plastic bag. Then place a yellow and a blue ice cube into a third plastic bag.  Let your child move the cubes around in the bags and will be amazed by what happens when two colors melt to- gether!
12 Enjoy a hot chocolate tea party. Let your child pour the cocoa mix and add some warm water. Let them help stir.	13 Put some tempera paint on a plate. Use circle lids of different sizes to dip and paint a picture of a snowman.	14 Have your child slide across the floor using paper plates and pretend you are ice-skating!	15	16 Make a large cardboard box into a pretend sleigh. Have your child use their gross motor skills to push it around.	17 Have your child put "snow-balls" (cotton balls) in a bucket and take them out. Say "in" and "out" as they do.	18 Whip up your favorite pancake recipe. Have your child decorate with blueberries or M&M's and enjoy!	
19 Have your child crumble pieces of paper to make snowballs. Then have a pretend snowball fight!	20 Set up a pretend birthday party using your child's toys. Serve pretend cake, sing "Happy Birthday" and play party games!	21 Put dots on a paper and have your child place a cheerio on each dot. Or use cheerios to string onto a pipe cleaner to make bracelets.	22 Do a color sort.  Make a red and blue mat with construction paper, then have your child find red and blue things and put them on the matching mat.	23 Use blankets and chairs to make an igloo. Have your child crawl in and out pretending to find shelter in snowstorm.	24 Give your child words for feelings. "You must be feeling happy today!" Make happy, sad and mad faces in a mirror.	25 Cut out pictures from a magazine and glue onto popsicle sticks to make puppets!	
26 Tell a story using the puppet sticks. Have the puppets ask, "What is your name?" or "What's your favorite color?"	27 Find some different types of hats. Set them out and have your child toss them towards a goal line. Which one was closest?	28 Have your child look at pictures on old holiday/greeting cards and tell a story about them.	29 Sing and dance with your child.	30 Cuddle and read with your child.	31		