

Learn Through Play 2019

September—Infant

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
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1 Set up a mirror for your baby to see herself while she plays on the floor. Watch her responses!	2 Spin a top or wind a wind-up toy. Watch for baby to respond, say "Go?" and then repeat.	3 Count your child's fingers and toes. At the end tickle or blow raspberries on their feet.	4 Play a clapping game with your baby. Hit two blocks together and see if your baby will copy you.	5 Make a puppet or use a sock and talk or sing to your baby.	6 Blow bubbles and encourage your baby reach for them.	7 Attend a story time at your local library.
8 Give baby a gentle massage and tell what you love about her.	9 Go to a park and slide down a slide together. Hold on tight...whee!	10 Encourage your baby (6 months+) to try drinking from a regular cup...the earlier the better.	11 Take a walk outside and point out all the things that you see. Explore your neighborhood or yard.	12 Put a toy in a container. Show your baby the item and then dump it out. Repeat. Say "in" and "out" during activity.	13 Show your baby a picture of an animal and make the sound.	14 Hide a toy that makes noise and turn it on. See if your baby will search out the sound.
15 While carrying your child, move fast, dance to music or move in a circle. Say words like "whee" or "spin."	16 Place a favorite toy under a blanket or pillow. See if your baby can find it.	17 Play a finger song game like "Five Little Monkeys."	18 Walk outside today, explore the grass, sit and let your baby feel and pull with his hands.	19 Have a family picnic outside. Don't forget the sunscreen.	20 Praise your baby when she has achieved something. This boosts her trust and self confidence.	21 
22 READ! READ! READ with your baby!	23 When holding a toy, accidentally drop it. Say, "Oops!" and point to where it went and say, "Fell down!"	24 When the family dinner is cooking, talk about the smells and what is cooking.	25 Offer your child a basket full of soft toys. Show her how to dump them out and load them up again.	26 Be silly today. Put a box on your head and see if your child can reach to get it off.	27 Hang large pictures of the family at your child's eye level. Talk to her about who she is looking at.	28 Fasten bells to your child's socks/booties. Your child will learn he has control over the sound.
29 Take your child to the grocery store. Let her smell the different fruits and feel the different textures.	30 What was your favorite activity this month? Do that activity again.					



DIY Aquarium

Materials:
Water Bottle
Sand
Small Ocean Creature Toys
Blue Food Coloring

1. Combine Water and blue food coloring in bottle, shake until mixed.

2. Add 2 inches worth of sand to the bottle and let it settle at the bottom.

3. Add in your ocean creatures and seal the bottle.

4. Your child now has a portable aquarium wherever they go!