




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Connect With 4C Resources Online</p> <p>Parenting E-newsletter: Sign up for our monthly e-news full of parenting tips! Visit 4cforchildren.org/families.</p> <p>Social media: Connect with 4C on Facebook, Pinterest, Twitter, YouTube and Instagram! Just search for 4C for Children on your favorite social site.</p> 						<p>1 Cut a square from the side of a used cereal box. Cut the square into 4 pieces to make a simple puzzle for your child.</p>
<p>2 Blow bubbles outside. Talk about the different sizes of the bubbles.</p>	<p>3 Talk about the number 3 today: count to 3, find 3 objects, etc.</p>	<p>4 Look for objects in your home shaped like a circle.</p>	<p>5 Have a Teddy Bear Picnic outside today. Take the bears for a ride in a wagon.</p>	<p>6 Run while holding tissue paper streamers. Watch them flap in the wind.</p>	<p>7</p> 	<p>8 Blow cotton balls across the table. Pretend to be the wind blowing the clouds.</p>
<p>9 Practice tip-toeing across the floor with your child.</p>	<p>10 Encourage your child to tell you about her day.</p>	<p>11 Teach your child to sing and do the motions to "I'm a Little Teapot."</p>	<p>12 Roll a ball back and forth with your child.</p>	<p>13 Draw faces on your child's fingers to make silly finger puppets.</p>	<p>14 Color a sidewalk with sidewalk chalk and then squirt it with a spray bottle filled with water. Watch it transform!</p>	<p>15 When washing your child at bath time, give her a washcloth and ask, "Where is your foot? There it is! Let's wash it."</p>
<p>16</p> 	<p>17 Cut out shapes and then have your child glue the shapes onto another piece of paper with a glue stick.</p>	<p>18 Read with your child for 15 minutes today. Go to the library and check out books about summer!</p>	<p>19 Look for worms in your yard. Try moving like a worm.</p>	<p>20 Commit to a TV/phone/tablet screen-free evening and read together as a family.</p>	<p>21 Today is the first day of summer. Celebrate by reading outside!</p>	<p>22 Take turns with your child throwing rolled up socks into a laundry basket.</p>
<p>23 Look at a book together and say, "I see a _____. Do you see the _____?" When he points to it, say, "There it is, you found it!"</p>	<p>24 When cleaning up toys together, make up or sing a cleanup song. Sing it until everything is put away.</p>	<p>25 Gather five or six items and place them in a line on the floor. Then ask your child, "Where is the _____?"</p>	<p>26 Go outside and look for bugs. Count how many you see.</p>	<p>27 Sing "Pat-a-Cake" to your child. Use her name in the song.</p>	<p>28 Go for a nature walk and talk about summer.</p>	<p>29 How many books have you and your child read together this month? 5, 10, 15, more?</p>
<p>30 Repeat your favorite activity of the month!</p>						



DIY Bubble Snakes

Materials:

- Empty Water Bottle
- Sock
- Rubber Band
- Dish Soap
- Water

Cut the bottom of the water bottle off and place the sock over the cut end. Fold the sock over and add a rubber band around the sock and bottle to keep it nice and snug.

Mix together 3 tsp dish soap and half a cup of water. Have your child dip the sock covered end of the water bottle into the mixture, then blow into the mouth piece to create a bubble snake!