

# Fruit-and-Vegetable Prints

## Target Age:

Middle Four-Year-Old

## Materials You Will Need:

paper, paper plate, paint, variety of cut fruits and vegetables

## Skills Learned:

- \* Visual Discrimination
- \* Matching
- \* Imagination
- \* Cause and Effect
- \* Patterning

## Activity Category:

- \* Exploring our World

## Activity Contributor:

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## What To Do:

Let your child discover the prints that cut fruits and vegetables can make by sharing an assortment of them and having a paper plate of paint to dip them in. Make it into a game! Have your child look away as you dip a piece of fruit or vegetable into the paint and make an impression on the paper. See if your child can guess which fruit or vegetable made the print.

## Variations:

Use this activity to work on patterning. For example, banana, banana, strawberry, corn-on-the-cob, corn-on-the-cob, banana, etc.



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