Jars and Lids

Target Age:
Late One-Year-Old

Materials You Will Need:
assortment of jars and lids

Skills Learned:
* Fine Motor
* Eye/Hand Coordination
* Size and Shape Discrimination

Activity Category:
* Daily Living Skills

Activity Contributor:
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What To Do:
Your child’s fine motor development will help with writing skills later. This activity lets your child practice screwing lids on and off while developing hand muscles and eye/hand coordination. Place several empty baby food (or other) jars and lids in front of your child. Have your child practice opening and closing the jars.

Variations:
Collect small unbreakable bottles and caps from empty bottles of shampoo and lotion you have used when staying in a hotel. Put the jars in a basket for your child to match.