

Jars and Lids

Target Age:

Late One-Year-Old

Materials You Will Need:

assortment of jars and lids

Skills Learned:

- * Fine Motor
- * Eye/Hand Coordination
- * Size and Shape Discrimination

Activity Category:

- * Daily Living Skills

Activity Contributor:

Beth Bronsil, M. Ed.

What To Do:

Your child's fine motor development will help with writing skills later. This activity lets your child practice screwing lids on and off while developing hand muscles and eye/hand coordination. Place several empty baby food (or other) jars and lids in front of your child. Have your child practice opening and closing the jars.

Variations:

Collect small unbreakable bottles and caps from empty bottles of shampoo and lotion you have used when staying in a hotel. Put the jars in a basket for your child to match.



For more activities, visit:
www.productiveparenting.com

For more resources on early
education and care, visit:
www.4cforchildren.org

Activities reprinted with permission of
Productive Parenting. Copyright © 2017,
4C for Children. All rights reserved. 800-256-1296