

Rice Dig

Target Age:

Middle One-Year-Old

Materials You Will Need:

rice, plastic container,
five small objects

Skills Learned:

* Tactile Stimulation

Activity Category:

* Science Adventures
* Sensory Experiences

Activity Contributor:

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What To Do:

Children learn through the sense of touch. Pour a box of rice into a plastic container. Hide five objects in the rice, (small toy cars, etc.). Enjoy watching your child dig and find the toys. Count as your child uncovers them.



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