

All About My Day



My Day was:

- Full of smiles
- Content
- More tears than usual
- Other _____

Name: _____

Date: _____

What I did today

REST TIME	Dailey Reminders	Diaper/Bathroom Time
to	Diapers Wipes Baby Food	Wet dry bm potty
to	Formula change of clothes	Wet dry bm potty
to	Notes:	Wet dry bm potty
<input type="checkbox"/> I didn't feel like resting today		Wet dry bm potty

I ate:

- protein
- fruit
- vegetable
- bread
- milk
- breakfast
- AM Snack
- Lunch
- PM Snack
- Dinner

Infant Feedings:

Time	Formulas/Solids	Quantity

Form 4309: revised 4/18/06

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