

## Activities to share with Parents for Kindergarten Readiness

### Social/Emotional

- \*Encourage your child to play board games to practice taking turns
- \*Set up play dates with friends and children of different ages
- \*Expect your child to clean up after play
- \*Give your child the responsibility of helping to establish “rules” at home

### Cognitive Development

- \*Help your child sort household items by color, shape and size (laundry, dishes, toys, etc)
- \*Give your child items to make various patterns with
- \*Count objects in your house, pointing to each object as you count.
- \*Use teachable moments to talk about opposites (a cup that is full/empty)
- \*Go on a shape hunt in your home

### Language and Literacy

- \*Read to your child at least 20 minutes a day, make bedtime stories a habit
- \*After reading, ask your child to tell you what happened in the beginning, middle and end
- \*Give your child opportunities to draw without coloring books and discuss his work
- \*Give your child one to two step directions and encourage follow through

### Physical Development and Motor Skills

- \*Give your child many opportunities to run, jump and climb
- \*Play catch
- \*Practice skipping
- \*Encourage your child to cut out various shapes
- \*Play with playdough and encourage your child to roll, mold, squish and even cut it
- \*Do an interlocking puzzle together

### Approaches Toward Learning

- \*Encourage your child to persist in tasks when encountering a problem
- \*Ask open ended questions to your child when he is engaged in an activity...”How did you make that building with your blocks? How could you make it taller?”