

# Bowling

**Target Age:**

Early Two-Year-Old

**Materials You Will Need:**

water bottles, ball

---

**Skills Learned:**

\* Eye/Hand Coordination

**Activity Category:**

\* Sensory Experiences

**Activity Contributor:**

Beth Bronsil, M. Ed.

**What To Do:**

Have fun bowling with your child today! Set up 12 water bottles on one side of the room. Have your child stand three feet away and roll the ball toward the bottles. Take turns and enjoy the game!

**Variations:**

Have your child stand further away if interested.



For more activities, visit:  
[www.productiveparenting.com](http://www.productiveparenting.com)

For more resources on early  
education and care, visit:  
[www.4cforchildren.org](http://www.4cforchildren.org)

Activities reprinted with permission of  
Productive Parenting. Copyright © 2009,  
4C for Children. All rights reserved. 800-256-1296