

# Loud and Soft

**Target Age:**

Early One-Year-Old

**Materials You Will Need:**

containers, rice, macaroni, salt

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**Skills Learned:**

- \* Listening
- \* Sound Discrimination

**Activity Category:**

- \* Sensory Experiences

**Activity Contributor:**

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**What To Do:**

Today's activity will help your child begin to understand "loud" and "soft" sounds. Make your own shakers. Use small plastic containers. Put salt in one, rice in another, and macaroni in another. Shake them and identify each sound as loud or soft. Use these words frequently to reinforce the concept.



For more activities, visit:  
[www.productiveparenting.com](http://www.productiveparenting.com)

For more resources on early  
education and care, visit:  
[www.4forchildren.org](http://www.4forchildren.org)

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